

**Men 100m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Jamie Brock	Yate & District	11.2	9
2	Eric Aselius	Corby AC	11.2	7
3	Alex Brooks	Kettering	11.5	6
4	Ashleigh Naylor	Severn/Gloucester	11.5	5
5	Alistair Gamble	DASH	11.7	4
6	Adam Knock	Tipton H	13.0	3

**Men 100m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Paul Webster	Corby AC	11.3	7
2	Paul Newark	Tipton H	11.6	5
3	Samuel Gordon	Kettering	11.7	4
4	Matthew Muggeridge	Yate & District	11.8	3
5	Dale Price	Severn/Gloucester	12.1	2
6	Ashley Raybould	DASH	12.2	1

**Men 200m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Sean Taylor	Corby AC	22.5	9
2	Samuel Gordon	Kettering	22.7	7
3	Jamie Brock	Yate & District	22.8	6
4	Jonathan Timmins	Tipton H	23.1	5
5	Ashleigh Naylor	Severn/Gloucester	23.4	4
6	Ashley Raybould	DASH	24.2	3

**Men 200m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Eric Aselius	Corby AC	22.4	7
2	Albert Gardiner	Severn/Gloucester	23.0	5
3	Yannick Phippen	Kettering	23.3	4
4	Paul Newark	Tipton H	24.1	3
5	Matthew Muggeridge	Yate & District	24.5	2
6	Joe Smith	DASH	27.2	1

**Men 400m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1	Ryan Preddy	Severn/Gloucester	48.8	9
2	Sean Taylor	Corby AC	50.5	7
3	Andy Barber	Kettering	50.8	6
4	Steven Horton	Tipton H	51.4	5
5	Gary Coleman	Yate & District	52.2	4
6	Ashley Raybould	DASH	53.6	3

**Men 400m (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Andrew De-Camps	Severn/Gloucester	50.9	7
2	Ashley McLintock	Kettering	51.5	5
3	Alistair Fowler	Corby AC	52.6	4
4	Amardeep Sangha	Tipton H	53.4	3
5	Alistair Robbins	Yate & District	54.5	2
6	Philip Nation	DASH	63.4	1

**Men 110m H (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Daniel White	Yate & District	18.0	9
2	Christopher Mills	Kettering	18.4	7
3	Philip Nation	DASH	19.0	6
4	Luke Montgomery	Corby AC	23.4	5
5	Nick Walker	Severn/Gloucester	28.6	4

**Men 110m H (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Peter Mills	Kettering	21.7	7
2	David Hoskins	Severn/Gloucester	23.3	5
3	David Nation	DASH	24.9	4

**Men 400m H (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Daniel White	Yate & District	60.8	9
2	Philip Nation	DASH	60.9	7
3	Peter Straiton	Corby AC	61.6	6
4	Christopher Mills	Kettering	64.0	5
5	Michael Buntin	Tipton H	70.3	4
6	David Hoskins	Severn/Gloucester	71.0	3

**Men 400m H (B string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Nathan Hunt	Yate & District	64.1	7
2	Lloyd Andrews	Severn/Gloucester	64.5	5
3	Luke Montgomery	Corby AC	66.2	4
4	James Bowyer	Kettering	66.6	3
5	Alistair Gamble	DASH	67.3	2

**Men 800m (A string)**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<i>Pts</i>
1	Andrew De-Camps	Severn/Gloucester	1:56.7	9
2	Daniel Cotterill	Tipton H	1:57.1	7
3	Ben Sharman	Kettering	1:57.9	6
4	Alistair Fowler	Corby AC	1:58.6	5

5	Ian Goldsmith	Yate & District	2:02.2	4
6	David Nation	DASH	2:05.6	3

**Men 800m (B string)**

Posn	Name	Club	Perf	Pts
1	Martin Williams	Tipton H	2:01.0	7
2	Richard De-Camps	Severn/Gloucester	2:01.1	5
3	Simon Franklin	Corby AC	2:01.6	4
4	Brett Halliwell	Yate & District	2:03.5	3
5	Jake Waples	Kettering	2:05.3	2

**Men 1500m (A string)**

Posn	Name	Club	Perf	Pts
1	Tim Dalton	Severn/Gloucester	3:56.7	9
2	Pat Kavanagh	Tipton H	4:13.9	7
3	Ben Sharman	Kettering	4:16.0	6
4	Matthew Parker	Yate & District	4:16.3	5
5	David Nation	DASH	4:32.3	4
6	Sebastien Goodall	Corby AC	4:35.0	3

**Men 1500m (B string)**

Posn	Name	Club	Perf	Pts
1	Paul Evans	Tipton H	4:17.3	7
2	Matt Craythorne	Yate & District	4:26.6	5
3	Richard De-Camps	Severn/Gloucester	4:28.9	4
4	Daniel Thompson	Kettering	4:37.2	3
5	Andy Blaize	Corby AC	4:48.1	2

**Men 5000m (A string)**

Posn	Name	Club	Perf	Pts
1	Martin Williams	Tipton H	15:27.5	9
2	Chris Curtis	Corby AC	15:53.8	7
3	Jonathen Goringe	Kettering	16:00.5	6
4	Simon Fortnam	Severn/Gloucester	16:42.4	5
5	Matt Raden	DASH	16:49.5	4
6	Tony Jefferies	Yate & District	19:52.4	3

**Men 5000m (B string)**

Posn	Name	Club	Perf	Pts
1	Matthew Lockett	Tipton H	15:53.3	7
2	Neal Humphry	Corby AC	17:08.0	5
3	Gareth Howells	Severn/Gloucester	17:28.9	4
4	Matt Smith	Kettering	19:00.5	3

**Men 2000m s/c (A string)**

Posn	Name	Club	Perf	Pts
1	Peter Kellie	Severn/Gloucester	6:23.1	9
2	Jonathen Goringe	Kettering	6:29.6	7
3	Martin Williams	Tipton H	6:40.8	6
4	Luke Montgomery	Corby AC	7:51.3	5

### Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Ben Coldray	Severn/Gloucester	6:31.8	7
2	Michael Buntin	Tipton H	7:10.5	5
3	Ian White	Corby AC	8:16.7	4
4	Paul Marlow	Kettering	8:35.9	3

### Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Sebastian Wilson Dyer Gou	Corby AC	6.60	9
2	Matthew Muggeridge	Yate & District	6.19	7
3	Charles Britten	Kettering	6.06	6
4	Alistair Gamble	DASH	5.91	5
5	Lloyd Andrews	Severn/Gloucester	5.85	4
6	Timothy Blake	Tipton H	4.99	3

### Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Lee Czornyj	Corby AC	6.10	7
2	Ashleigh Naylor	Severn/Gloucester	5.44	5
3	Stephen Prosser	DASH	5.43	4
4	Daniel White	Yate & District	5.33	3
5	Jamie Dean (Milne)	Kettering	5.27	2

### Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Stephen Prosser	DASH	12.80	9
2	Sebastian Wilson Dyer Gou	Corby AC	12.71	7
3	Matthew Muggeridge	Yate & District	12.65	6
4	Oliver Cooper	Severn/Gloucester	12.51	5
5	Jamie Dean (Milne)	Kettering	11.61	4
6	Timothy Blake	Tipton H	10.98	3

### Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Lee Czornyj	Corby AC	11.93	7
2	Ian Goldsmith	Yate & District	11.88	5
3	Richard Westwood	DASH	11.70	4
4	Lloyd Andrews	Severn/Gloucester	11.48	3

5	Christopher Mills	Kettering	11.13	2
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**Men High Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Mitchell Simms	Tipton H	1.90	9
2	Liam Annis	Kettering	1.80	7
3	Jack McShane	Corby AC	1.70	6
4	Daniel White	Yate & District	1.70	5
5	Stephen Prosser	DASH	1.60	4
6	Gareth Winter	Severn/Gloucester	1.60	3

**Men High Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Martin Cherrington	Tipton H	1.85	7
2	Jamie Dean (Milne)	Kettering	1.55	5
3	Philip Nation	DASH	1.50	4
4	Alistair Robbins	Yate & District	1.45	3
5=	Oliver Cooper	Severn/Gloucester	1.40	1.5
5=	Luke Montgomery	Corby AC	1.40	1.5

**Men Pole Vault (A string)**

Posn	Name	Club	Perf	Pts
1	Alan Holloway	Yate & District	3.60	9
2	Jack McShane	Corby AC	3.40	7
3	Nick Walker	Severn/Gloucester	3.20	6
4	Martin Cherrington	Tipton H	3.00	5
5	Christopher Mills	Kettering	2.60	4
6	Philip Nation	DASH	2.30	3

**Men Pole Vault (B string)**

Posn	Name	Club	Perf	Pts
1	Daniel White	Yate & District	3.00	7
2	Timothy Blake	Tipton H	2.60	5
3	Peter Mills	Kettering	2.40	4

**Men Shot Putt (A string)**

Posn	Name	Club	Perf	Pts
1	Richard Woodhall	DASH	12.73	9
2	Justin Sysum	Severn/Gloucester	11.97	7
3	Mathew Peleszok	Kettering	11.49	6
4	Scott Jenns	Tipton H	10.88	5
5	Pete Knott	Corby AC	10.59	4
6	Alan Holloway	Yate & District	9.95	3

**Men Shot Putt (B string)**

Posn	Name	Club	Perf	Pts
1	David Sharp	DASH	11.43	7
2	Gareth Winter	Severn/Gloucester	11.29	5
3	Andrew Mills	Kettering	10.39	4
4	Jack McShane	Corby AC	9.90	3
5	Pete Jackson	Yate & District	9.84	2
6	Adam Knock	Tipton H	8.10	1

**Men Discus (A string)**

Posn	Name	Club	Perf	Pts
1	Scott Jenns	Tipton H	47.34	9
2	Justin Sysum	Severn/Gloucester	39.24	7
3	Richard Woodhall	DASH	37.91	6
4	Andrew Mills	Kettering	34.62	5
5	Alan Holloway	Yate & District	33.72	4
6	Pete Knott	Corby AC	24.74	3

**Men Discus (B string)**

Posn	Name	Club	Perf	Pts
1	Gareth Winter	Severn/Gloucester	32.37	7
2	Mathew Peleszok	Kettering	29.23	5
3	David Sharp	DASH	27.68	4
4	Ashley Jones	Yate & District	24.25	3
5	Paul Webster	Corby AC	17.98	2
6	Michael Buntin	Tipton H	16.76	1

**Men Hammer (A string)**

Posn	Name	Club	Perf	Pts
1	Justin Sysum	Severn/Gloucester	58.86	9
2	John Hay	Corby AC	45.95	7
3	Scott Jenns	Tipton H	38.83	6
4	David Sharp	DASH	33.07	5
5	Ashley Jones	Yate & District	30.57	4
6	Andrew Mills	Kettering	28.41	3

**Men Hammer (B string)**

Posn	Name	Club	Perf	Pts
1	Wayne Powell	Severn/Gloucester	57.70	7
2	Richard Woodhall	DASH	28.98	5
3	Pete Jackson	Yate & District	22.53	4
4	Mathew Peleszok	Kettering	22.34	3
5	Pete Knott	Corby AC	19.38	2

**Men Javelin (A string)**

Posn	Name	Club	Perf	Pts
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1	Richard Woodhall	DASH	56.41	9
2	Alan Holloway	Yate & District	49.04	7
3	Justin Sysum	Severn/Gloucester	49.02	6
4	Peter Mills	Kettering	43.05	5
5	Scott Jenns	Tipton H	35.70	4
6	Jack McShane	Corby AC	34.79	3

**Men Javelin (B string)**

Posn	Name	Club	Perf	Pts
1	Matthew Muggerridge	Yate & District	43.00	7
2	Mathew Peleszok	Kettering	36.93	5
3	Joe Smith	DASH	34.19	4
4	Lloyd Andrews	Severn/Gloucester	31.62	3
5	Adam Knock	Tipton H	30.33	2
6	Lee Czornyj	Corby AC	24.86	1

**Mens 4x100m**

Posn	Name	Club	Perf	Pts
1		Corby AC	43.8	9
2		Yate & District	45.0	7
3		Kettering	45.1	6
4		Severn/Gloucester	45.7	5
5		Tipton H	45.9	4
6		DASH	48.0	3

**Mens 4x400m**

Posn	Name	Club	Perf	Pts
1		Severn/Gloucester	3:25.8	9
2		Corby AC	3:29.2	7
3		Kettering	3:31.6	6
4		Yate & District	3:35.3	5
5		Tipton H	3:40.2	4
6		DASH	3:44.8	3

**Women 100m (A string)**

Posn	Name	Club	Perf	Pts
1	Charnia Weightman	Yate & District	12.2	9
2	Denise Barclay	Kettering	12.5	7
3	Sarah Williams	Severn/Gloucester	13.8	6
4	Amie Fithern	Tipton H	14.4	5
5	Emily Lagomarsino	DASH	15.1	4
6	Elizabeth Rocke	Corby AC	18.9	3

**Women 100m (B string)**

Posn	Name	Club	Perf	Pts
1	Gemma Elliott	Kettering	12.8	7

2	Paula Hill	Yate & District	12.8	5
3	Rozalia Gombera	Severn/Gloucester	13.8	4
4	Louise Nightingale	Tipton H	15.2	3
5	Ann-Marie Walton	DASH	17.8	2
6	Catherine Oram	Corby AC	18.6	1

**Women 200m (A string)**

Posn	Name	Club	Perf	Pts
1	Gemma Elliott	Kettering	25.7	9
2	Charnia Weightman	Yate & District	25.8	7
3	Rozalia Gombera	Severn/Gloucester	29.2	6
4	Louise Nightingale	Tipton H	30.6	5
5	Tracy Craker	Corby AC	34.6	4

**Women 200m (B string)**

Posn	Name	Club	Perf	Pts
1	Alex Keyworth	Kettering	25.5	7
2	Liz Tipler	Yate & District	27.9	5
3	Amy Waite	Severn/Gloucester	27.9	4
4	Catherine Oram	Corby AC	37.1	3

**Women 400m (A string)**

Posn	Name	Club	Perf	Pts
1	Gemma Elliott	Kettering	58.4	9
2	Paula Hill	Yate & District	59.0	7
3	Amy Waite	Severn/Gloucester	64.4	6
4	Timea Latinovics	Corby AC	69.1	5
5	Kate Williams	Tipton H	69.5	4
6	Emily Lagomarsino	DASH	74.8	3

**Women 400m (B string)**

Posn	Name	Club	Perf	Pts
1	Alex Keyworth	Kettering	57.9	7
2	Liz Tipler	Yate & District	62.0	5
3	Catherine Veysey	Tipton H	65.7	4
4	Sarah Williams	Severn/Gloucester	69.4	3
5	Catherine Oram	Corby AC	87.6	2

**Women 100m H (A string)**

Posn	Name	Club	Perf	Pts
1	Lauren Boyd	Corby AC	17.5	9
2	Hannah Jackson	Yate & District	19.2	7
3	Natalie Stapleton	Kettering	20.5	6
4	Sarah Williams	Severn/Gloucester	20.9	5

**Women 100m H (B string)**

Posn	Name	Club	Perf	Pts
1	Allanah Jones	Kettering	21.1	7
2	Rozalia Gombera	Severn/Gloucester	22.5	5

**Women 400m H (A string)**

Posn	Name	Club	Perf	Pts
1	Sophie Munn	Kettering	71.7	9
2	Catherine Veysey	Tipton H	73.6	7
3	Alexandra Purcell	Severn/Gloucester	83.4	6
4	Tracy Craker	Corby AC	100.1	5

**Women 400m H (B string)**

Posn	Name	Club	Perf	Pts
1	Marianne Boyle	Kettering	79.1	7
2	Rosie Hatton	Tipton H	81.4	5
3	Amy Whitcher	Severn/Gloucester	90.8	4
4	Elizabeth Rocke	Corby AC	124.8	3

**Women 800m (A string)**

Posn	Name	Club	Perf	Pts
1	Amie Fithern	Tipton H	2:21.1	9
2	Hayley Munn	Kettering	2:21.9	7
3	Timea Latinovics	Corby AC	2:37.0	6
4	Alexandra Purcell	Severn/Gloucester	3:01.7	5

**Women 800m (B string)**

Posn	Name	Club	Perf	Pts
1	Danielle Smith	Kettering	2:32.8	7
2	Kate Williams	Tipton H	2:45.2	5
3	Sarah Baxby	Corby AC	2:47.7	4
4	Amy Whitcher	Severn/Gloucester	3:21.2	3

**Women 1500m (A string)**

Posn	Name	Club	Perf	Pts
1	Hayley Munn	Kettering	4:50.6	9
2	Amie Fithern	Tipton H	5:14.7	7
3	Mairead Rocke	Corby AC	5:27.1	6

**Women 1500m (B string)**

Posn	Name	Club	Perf	Pts
1	Danielle Smith	Kettering	5:24.2	7
2	Catherine Veysey	Tipton H	5:30.7	5
3	Marie Jesson	Corby AC	5:33.9	4

**Women 3000m (A string)**

Posn	Name	Club	Perf	Pts
1	Mairead Rocke	Corby AC	11:05.0	9
2	Kate Williams	Tipton H	11:38.3	7
3	Kelly Barnett	Kettering	12:22.8	6

**Women 3000m (B string)**

Posn	Name	Club	Perf	Pts
1	Marie Jesson	Corby AC	11:47.2	7
2	Carla Gibbons	Kettering	12:46.9	5

**Women Long Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Lauren Boyd	Corby AC	4.90	9
2	Denise Barclay	Kettering	4.74	7
3	Alexandra Purcell	Severn/Gloucester	4.28	6
4	Rachel Spooner	Yate & District	4.13	5
5	Rosie Hatton	Tipton H	4.03	4
6	Emily Lagomarsino	DASH	3.69	3

**Women Long Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Katie Barry	Corby AC	4.64	7
2	Gemma Elliott	Kettering	4.29	5
3	Florrie Holloway	Yate & District	3.86	4
4	Louise Nightingale	Tipton H	3.61	3
5	Amy Whitcher	Severn/Gloucester	3.48	2
6	Ann-Marie Walton	DASH	2.76	1

**Women Triple Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Rachel Spooner	Yate & District	9.69	9
2	Alexandra Purcell	Severn/Gloucester	9.56	7
3	Denise Barclay	Kettering	9.02	6
4	Catherine Veysey	Tipton H	8.49	5

**Women Triple Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Amy Whitcher	Severn/Gloucester	8.85	7
2	Marianne Boyle	Kettering	8.63	5

**Women High Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Rachel Spooner	Yate & District	1.5	9
2	Allanah Jones	Kettering	1.45	7
3	Sarah Williams	Severn/Gloucester	1.35	6

### Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Denise Barclay	Kettering	1.45	7
2	Hannah Jackson	Yate & District	1.45	5
3	Amy Whitcher	Severn/Gloucester	1.15	4

### Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Florrie Holloway	Yate & District	2.5	9

### Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Lorraine Shaw	Severn/Gloucester	11.21	9
2	Lauren Boyd	Corby AC	10.66	7
3	Ann-Marie Walton	DASH	8.89	6
4	Hannah Jackson	Yate & District	8.31	5
5	Harriet Laskey	Kettering	8.01	4
6	Rosie Hatton	Tipton H	6.73	3

### Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Kate Yhnell	Severn/Gloucester	8.66	7
2	Katie Spooner	Yate & District	7.53	5
3	Louise Granger	Kettering	7.65	4
4	Donna MacFarlane	Corby AC	7.23	3
5	Gemma Williams	DASH	6.72	2
6	Jacqueline Porter	Tipton H	5.54	1

### Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Lorraine Shaw	Severn/Gloucester	38.65	9
2	Katy-Louise Payne	Corby AC	33.98	7
3	Louise Granger	Kettering	26.23	6
4	Lucy Blunt	Yate & District	20.49	5
5	Gemma Williams	DASH	20.42	4
6	Paula Holden	Tipton H	17.64	3

### Women Discus (B string)

Posn	Name	Club	Perf	Pts
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1	Kate Yhnell	Severn/Gloucester	21.63	7
2	Katie Spooner	Yate & District	17.84	5
3	Ann-Marie Walton	DASH	16.55	4
4	Keeley Hayler	Kettering	16.13	3
5	Donna MacFarlane	Corby AC	13.24	2
6	Rosie Hatton	Tipton H	11.96	1

**Women Hammer (A string)**

Posn	Name	Club	Perf	Pts
1	Kate Yhnell	Severn/Gloucester	46.96	9
2	Katie Spooner	Yate & District	31.60	7
3	Gemma Williams	DASH	29.79	6
4	Louise Granger	Kettering	24.02	5
5	Rosie Hatton	Tipton H	17.58	4
6	Tracy Craker	Corby AC	10.93	3

**Women Hammer (B string)**

Posn	Name	Club	Perf	Pts
1	Lucy Blunt	Yate & District	29.94	7
2	Ann-Marie Walton	DASH	23.54	5
3	Keeley Hayler	Kettering	18.46	4
4	Paula Whitcher	Severn/Gloucester	16.08	3
5	Jacqueline Porter	Tipton H	11.94	2
6	Elizabeth Rocke	Corby AC	3.30	1

**Women Javelin (A string)**

Posn	Name	Club	Perf	Pts
1	Sarah-Anne De Kremer	Corby AC	33.91	9
2	Ann-Marie Walton	DASH	27.61	7
3	Harriet Laskey	Kettering	26.44	6
4	Paula Whitcher	Severn/Gloucester	16.97	5
5	Kate Williams	Tipton H	14.63	4
6	Florrie Holloway	Yate & District	14.05	3

**Women Javelin (B string)**

Posn	Name	Club	Perf	Pts
1	Lauren Boyd	Corby AC	32.39	7
2	Natalie Stapleton	Kettering	20.69	5
3	Rosie Hatton	Tipton H	14.07	4
4	Lucy Blunt	Yate & District	12.58	3
5	Kate Yhnell	Severn/Gloucester	11.70	2
6	Gemma Williams	DASH	9.85	1

**Womens 4x100m**

Posn	Name	Club	Perf	Pts
1		Kettering	50.6	9

2	Yate & District	53.6	7
3	Severn/Gloucester	55.0	6
4	Tipton H	57.9	5
5	Corby AC	59.8	4

**Womens 4x400m**

<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	<b>Pts</b>
1		Kettering	4:11.5	9
2		Tipton H	4:41.0	7
3		Severn/Gloucester	4:46.8	6
4		Corby AC	4:47.3	5