

**EM Grand Prix 4**  
**5 Mile**  
**East Carlton Park**  
**30<sup>th</sup> May 2007**

**Male**

1 G Lee (Owls) 26.08, 2 S Platts (Owls) 26.18, 3 M Almond (Rugby & Northampton AC) 26.40, 4 P Melling (Wootton RR) 27.10, 7 C Mattocks (WRR) 27.50, 11 S Poole (WRR) 28.42, 12 T Egan (R&N) 29.07, 14 J Haynes (Silson Joggers) 29.35, 16 B Summers (R&N) 29.50, 17 P West (Kettering Town Harriers) 29.55, 19 M Armstrong (SJ) 30.10, 20 D Parkins (WRR) 30.15, 23 C Howard (WRR) 30.25, 26 K Reboul (SJ) 30.38, 28 R Fowler (WRR) 30.40, 31 J Darcy (SJ) 30.43, 32 C Lazenby (WRR) 30.43, 34 M Bruce (R&N) 30.47, 36 D Lazenby (WRR) 30.51, 42 S Woodward (SJ) 31.27, 43 E Smith (WRR) 31.30, 46 A Blaize (Northampton Road Runners) 31.35, 47 J Dear (R&N) 31.36, 50 A Clancy (WRR) 31.45, 54 J Eames (Corby AC) 32.04, 57 I White (CAC) 32.26, 58 M Garrett (NRR) 32.27, 62 A Hawkes (Harborough AC) 32.52, 66 D Murphy (WRR) 33.02, 69 R Brown (HAC) 33.15, 72 D Whatton (NRR) 33.17, 75 N Sewell (R&N) 33.28, 76 A Clawson (KTH) 33.30, 79 D Fearn (R&N) 33.33, 80 R Buffon (H) 33.33, 81 K Moreman (Daventry Road Runners) 33.33, 83 K Willis (Northants Police) 33.45, 87 A Hodson (R&N) 34.00, 88 A Hoare (SJ) 34.07, 91 M Fowler (WRR) 34.15, 93 M Hicks (C) 34.30, 97 P Diamond (WRR) 34.40, 98 M Earley (Wellingborough & District AC) 34.44, 99 N Carter (SJ) 34.45, 100 J Jack (H) 34.45, 101 B Acford (R&N) 34.47, 103 J Mahood (R&N) 34.50, 104 S Wills (R&N) 34.50, 106 S Morgan (NRR) 34.55, 107 N Turner-Hanks (HAC) 34.59, 112 D Rushby (H) 35.10, 114 J Laurie (S J) 35.12, 115 P Marlow (KTH) 35.14, 117 A Griffiths (W&D) 35.19, 119 B Elston (W&D) 35.22, 122 L Brodie (W&D) 35.44, 123 T Alden (HAC) 35.47, 125 P Brain (C) 35.59, 126 M Spalding (W&D) 36.06, 131 R Barton (WRR) 36.18, 136 N Smith (C) 36.36, 137 D Yarnall (W&D) 36.39, 139 A Gabbitas (R&N) 36.42, 140 G Jones (WRR) 36.43, 141 A Stephenson (WRR) 36.49, 142 B Curtis (C) 36.52, 148 B Singleton (WRR) 37.08, 150 C Beasley (H) 37.22, 152 D Garrett (NRR) 37.37, 153 J Griggs (Team East Haddon) 37.45, 154 J Henderson (WRR) 37.48, 158 S Adams (W&D) 38.05, 159 R Farmer (SJ) 38.05, 160 D Coleman (W&D) 38.13, 163 T Swindells (WRR) 38.16, 165 S Sawford (W&D) 38.20, 168 J Sewell (R&N) 38.40, 171 S McFarlane (C) 38.52, 172 J Kemp (W&D) 38.56, 178 M Wright (C) 39.26, 179 K Dinsdale (H) 39.27, 180 M Wood (WRR) 39.30, 181 R Lack (H) 39.48, 182 S Hall (C) 39.55, 185 D Rafferty (C) 40.04, 187 A Priest (W&D) 40.12, 191 T Eaton (TEH) 40.47, 196 B Emerson (Walgrave) 41.25, 200 A Norton (WRR) 41.50, 202 A Lock (SJ) 42.01, 203 W Carkeek (W&D) 42.05, 205 D Oram (HAC) 42.44, 208 D Kerr (WRR) 43.23, 209 W Goadsby (DRR) 43.35, 212 K Hodge (C) 44.21, 218 C Dabbs (DRR) 45.23, 223 J Fowler (SJ) 46.52, 225 D Willan (C) 48.28, 226 P Moore (W&D) 48.36, 227 T Hulett (SJ) 49.05.

**Female**

1 B Eburne (Hinckley RC) 28.43, 2 N Nealon (Huncote Harriers) 29.30, 3 K Whigham (WRR) 30.13, 6 Y Scarrott (W&D) 33.39, 8 M Jesson (NRR) 33.52, 12 S Penn (WRR) 35.02, 13 H Streicher (H) 35.06, 18 T Latinovics (W&D) 35.52, 19 H Cooke (SJ) 35.57, 20 N Harris (WRR) 36.01, 21 L Norman (WRR)

36.50, 22 H Veasey (C) 36.51, 23 V Jones (R&N) 36.58, 24 A Rollings (R&N) 37.08, 26 A Winfield (WRR) 37.37, 31 J Evans (W&D) 38.41, 32 S Clayton-Drabble (SJ) 38.45, 33 M Durnham (WRR) 38.55, 34 L Godfrey (W&D) 38.56, 37 L Gilbert (SJ) 39.13, 40 L Wills (R&N) 39.46, 44 C Corder (H) 40.50, 46 L Hale (W&D) 41.07, 47 L Keet-Marsh (WRR) 41.09, 50 J Partridge (R&N) 41.38, 52 J Mistry (WRR) 42.33, 53 L Robinson (DRR) 42.41, 56 L Jones (WRR) 42.56, 58 L Brooks (H) 43.05, 60 L Farrow (H) 43.39, 61 D Exley (WRR) 44.02, 66 S Bearwick (WRR) 45.13, 67 L Ogden (WRR) 45.15, 69 M Ryding (W&D) 45.42, 72 Y Smith (C) 46.48, 73 C Ellwood (H) 47.10, 74 D Harley (C) 47.26. 76 K Sharkey (C) 47.58, 78 S Miller (C) 48.29, 83 J Farrer (C) 49.55, 84 C Knight (C) 50.01, 85 R Ingman (WRR) 50.17, 86 C Whatton (NRR) 51.28, 87 S Garrett (NRR) 52.53, 88 A Chambers (C) 53.11, 89 H Payne (C) 53.27, 90 L Partridge (C) 54.18.