

M 100m A
 1 Courtney Douglas R&N 11.6
 2 Nicholas Pryce CMR 11.7
 3 Michael Feeney TCD 11.7
 4 Joel Venson U17 NUN 11.9
 5 Matthew Butler DBY 12.1
 6 Gary Wong CRB 12.1

M 100m B
 1 Ben Lees R&N 11.4
 2 Tom Berry CRB 11.7
 3 Nathan Mackenzie TCD 12.0
 4 Mohsin Takolia NUN 12.5
 5 Jonathon Heath DBY 12.6

M 200m A
 1 Nicholas Pryce CMR 23.5
 2 Tom Johnson R&N 24.0
 3 Nathan Mackenzie TCD 24.6
 4 Matthew Butler DBY 24.7
 5 Frank Sackey U17 NUN 24.9
 6 Gary Wong CRB 25.1

M 200m B
 1 Daniel Rhodes U17 CMR 23.5
 2 Courtney Douglas R&N 23.7
 3 Levi Curtis U17 TCD 23.8
 4 Ross Davies CRB 24.6
 5 Mohsin Takolia NUN 25.9
 6 Nick Rowton DBY 26.4

M 400m A
 1 Matthew Clark NUN 51.3
 2 Arran Smith TCD 51.4
 3 Scott Edwards U17 DBY 52.1
 4 Ross Davies CRB 55.1
 5 Ryan Busst U17 CMR 60.9

M 400m B
 1 Levi Curtis U17 TCD 54.9
 2 Scott Kendall U17 CRB 56.3

M 800m A
 1 Alister Fowler CRB 2.06.2
 2 Luke Roughley CMR 2.07.9
 3 Mitchell Robinson TCD 2.11.2
 4 Joe Ashby U17 NUN 2.16.4
 5 Matthew Finnigan U17 R&N 2.25.3
 6 George Kirkman DBY 2.37.6

M 800m B
 1 Stuart McCaw CMR 2.09.6
 2 Simon Franklin CRB 2.09.8
 3 Ben Jennings U17 R&N 2.17.5
 4 Llwyd Griffiths U17 DBY 2.24.6

M 1500m A
 1 Rory Grant R&N 4.15.7
 2 Stuart McCaw CMR 4.39.3
 3 Sabastian Goodall CRB 4.42.0
 4 Joe Ashby U17 NUN 4.44.7
 5 Aaron Smalley U17 DBY 4.49.8

M 1500m B
 1 Kieran Garlick U17 R&N 4.28.3
 2 Llwyd Griffiths U17 DBY 4.54.8
 3 Aiden Blythe U17 CMR 4.58.5

M 3000m A
 1 Stephen Parkes CMR 9.27.3
 2 Luke Robinson R&N 9.35.1
 3 Stephen Broom CRB 10.41.1
 4 Matthew Hayes DBY 10.58.8

M 3000m B
 1 Jonathon Owen U17 DBY 12.09.5

M 110mH A
 1 Michael Feeney TCD 15.8
 2 Anerz Trotter-Smith CMR 17.2

M 110mH B
 1 James Wright U17 R&N 16.8

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3 Ryan Cleaver
4 Tom Berry

R&N 18.7
CRB 21.5

M 400mH A
1 Ryan Cleaver
2 Sabastian Goodall
3 Anerz Trotter-Smith
4 Jamie Turner
5 Jordan Mitchell
6 Mark De Vergori

R&N 60.8
CRB 61.5
CMR 62.2
U17 DBY 63.1
U17 TAR 70.1
TCD 74.3

M 400mH B
1 Kieran Smith
2 Aaron Smalley

CMR 65.0
U17 DBY 66.1

M 2000m Sc A
1 Kieran Smith
2 Robert Male
3 George Kirkman

CMR 7.01.9
U17 R&N 7.22.2
DBY 8.17.4

M 2000m Sc B
1 Llwyd Griffiths

U17 DBY 8.28.5

M Discus Throw A
1 Marcus Francis
2 Daniel Burdett
3 Craig Murch
4 Matt Johnson
5 Simon Franklin
6 Joel Venson

DBY 46.69
TCD 31.99
R&N 29.53
CMR 25.75
CRB 20.71
U17 NUN 18.12

M Discus Throw B
1 Nick Rowton
2 Tom Kitchen
3 Ryan Cleaver
4 Ross Davies

DBY 34.34
TCD 25.85
R&N 19.02
CRB 18.71

M Hammer Throw A
1 Sam Foster
2 Craig Murch
3 Daniel Burdett
4 Ryan Winson

U17 CRB 47.95
R&N 46.29
TCD 41.70
DBY 39.79

M Hammer Throw B
1 James Macro
2 Daniel Passey

U17 DBY 27.18
TCD 19.53

M High Jump A
1 Jonathon Heath
2 Kieran Smith
3 James Wright
4 Mark De Vergori
5 Scott Kendall

DBY 1.95
CMR 1.80
R&N 1.70
TCD 1.60
U17 CRB 1.60

M High Jump B
1 Marcus Francis
2 Arran Smith
3 Ben Jennings

DBY 1.70
TCD 1.60
U17 R&N 1.60

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M Javelin Throw A
1 Matt Johnson
2 Ryan Winson
3 Craig Murch
4 Tom Kitchen

CMR 44.16
DBY 44.13
R&N 41.75
TCD 37.66

M Javelin Throw B
1 Nick Rowton
2 Daniel Burdett
3 Ryan Cleaver

DBY 41.25
TCD 35.82
R&N 30.84

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M Long Jump A			M Long Jump B		
1 Ben Lees		R&N 6.50	1 James Wright	U17	R&N 6.07
2 Nikita Shelyakin		CMR 6.26	2 Scott Kendall	U17	CRB 5.57
3 Jamie Turner	U17	DBY 6.16	3 Mohsin Takolia		NUN 5.13
4 Arran Smith		TCD 6.10	4 Nathan Pentin	U17	TCD 5.02
5 Gary Wong		CRB 5.87			
6 Matthew Clark		NUN 5.64			
7 Jordan Mitchell	U17	TAR 5.15			
M Pole Vault A			M Pole Vault B		
1 Daniel Passey		TCD 4.00	1 Mark De Vergori		TCD 3.50
2 Brett Cash	U17	CMR 3.05	2 Ben Jennings	U17	R&N 2.30
3 Craig Murch		R&N 2.75			
M Shot Putt A			M Shot Putt B		
1 Marcus Francis		DBY 13.66	1 Daniel Burdett		TCD 11.10
2 Tom Kitchen		TCD 11.33	2 James Macro		DBY 8.94
3 Craig Murch		R&N 10.37			
4 Matt Johnson		CMR 9.67			
M Triple Jump A			M Triple Jump B		
1 Nikita Shelyakin		CMR 12.40	1 James Morley		TCD 10.33
2 Arran Smith		TCD 12.20			
3 Frank Sackey	U17	NUN 11.23			
4 Nick Rowton		DBY 10.86			
5 Jordan Mitchell	U17	TAR 10.40			
W 100m A			W 100m B		
1 Laretta Curtis		TCD 12.4	1 Sophie Wright		R&N 13.1
2 Charlotte Burrows		R&N 12.9	2 Chloe Saunders	U17	CMR 13.5
3 Milly Kellyman		CMR 13.2	3 Kelse Hutchinson	U17	DBY 13.7
4 Emily Georgiades	U17	TAR 14.3			
5 Sabrina Clay	U17	DBY 14.4			
6 Kelsie Murphy	U17	NUN 14.8			

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W 200m A			W 200m B		
1 Laretta Curtis		TCD 25.9	1 Lauren Saunders	U17	CMR 27.5
2 Sophie Taylor		CMR 26.3	2 Jessica Turner	U17	TCD 28.1
3 Charlotte Bowling		CRB 27.0	3 Rebecca Davies	U17	R&N 28.9
4 Suzanne Palmer	U17	DBY 28.0	4 Sabrina Clay	U17	DBY 30.0
5 Luran Jones	U17	R&N 28.3			
W 400m A			W 400m B		
1 Alex Turner		TCD 61.0	1 Luran Jones	U17	R&N 66.0
2 Charlotte Inwood	U17	R&N 61.8	2 Josie Cassar	U17	CMR 74.3
3 Tiana White		NUN 63.8			
4 Emily Georgiades	U17	TAR 65.3			
5 Brit Merriman		DBY 73.1			

6 Elly Knifton

W 800m A

1 Tiana White NUN 2.22.4
2 Emily Waugh R&N 2.22.6
3 Megan Stratford CMR 2.27.0
4 Jessica Turner U17 TCD 2.28.9

W 800m B

No competitors

W 1500m A

1 Charlotte Inwood U17 R&N 5.10.4
2 Emma Erskine U17 TCD 5.18.6

W 1500m B

1 Elenanor Barnes U17 R&N 5.22.4

W 3000m A

1 Gabby Moriarty U17 R&N 11.03.6
2 Rachel Smith U17 CMR 11.44.2
3 Poppy Marriott U17 TCD 12.37.1

W 3000m B

1 Emily Waugh R&N 11.06.1

W 100mH A

1 Charlotte Burrows R&N 16.8
2 Hannah Sargeant CMR 16.9

W 100mH B

No competitors

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W 400mH A

1 Alex Turner TCD 66.7
2 Charlotte Bowling CRB 69.1
3 Hannah Sargeant CMR 71.4
4 Sophie Wright R&N 72.1

W 400mH B

1 Elly Knifton CMR 1.41.1

W Discus Throw A

1 Rachel Tyler CRB 37.35
2 Kelse Hutchinson U17 DBY 30.85
3 Yasmin Spencer TCD 28.58
4 Kathryn Reynolds U17 R&N 23.54
5 Sophie Allen CMR 19.11

W Discus Throw B

1 Sarah Chesterman DBY 23.44
2 Kelly Jay Payling U17 TCD 20.51
3 Charlotte Burrows R&N 19.75
4 Carlie Sergiew U17 CMR 16.38

W Hammer Throw A

1 Bethany Mitchell TAR 46.15
2 Sophie Allen CMR 31.10

W Hammer Throw B

1 Kathryn Reynolds U17 R&N 20.89
2 Brit Merriman DBY 19.97

3 Sarah Chesterman DBY 30.94
4 Charlotte Davies U17 R&N 22.26

W High Jump A		W High Jump B	
1 Katie Rowe U17 R&N 1.55		1 Carmen Gameson U17 CMR 1.35	
2 Suzanne Palmer U17 DBY 1.50			
3 Rachel Smith U17 CMR 1.45			
4 Kelly Jay Payling U17 TCD 1.35			

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W Javelin Throw A		W Javelin Throw B	
1 Bethany Mitchell TAR 33.47		1 Charlotte Burrows R&N 30.79	
2 Kathryn Reynolds U17 R&N 30.95		2 Kara Winson U17 DBY 24.79	
3 Carlie Sergiew U17 CMR 29.22		3 Paige Collings U17 TCD 18.04	
4 Nadine Gardner DBY 28.64		4 Sophie Allen CMR 16.97	
5 Yasmin Spencer TCD 26.85			

W Long Jump A		W Long Jump B	
1 Kerry Murch U17 R&N 4.89		1 Rebecca Davies U17 R&N 4.75	
2 Suzanne Palmer U17 DBY 4.83		2 Kelse Hutchinson U17 DBY 4.53	
3 Hannah Sargeant CMR 4.57		3 Carmen Gameson U17 CMR 4.25	
4 Yasmin Spencer TCD 4.23		4 Poppy Marriott U17 TCD 3.15	
5 Kelsie Murphy U17 NUN 3.36			

W Pole Vault A		W Pole Vault B	
1 Paige Collings U17 TCD 2.85		1 Roisin Reuss TCD 1.85	
2 Nadine Gardner DBY 2.50			

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W Shot Putt A			W Shot Putt B		
1 Yasmin Spencer		TCD 12.99	1 Kelly Jay Payling	U17	TCD 8.29
2 Kerry Murch	U17	R&N 9.01	2 Rebecca Davies	U17	R&N 7.63
3 Bethany Mitchell		TAR 8.95	3 Hannah Sargeant		CMR 7.50
4 Sophie Taylor		CMR 7.69	4 Adina Francis	U17	DBY 7.23
5 Sarah Chesterman		DBY 7.54			

W Triple Jump A			W Triple Jump B	
1 Naomi Reid	U17	DBY 11.47	No competitors	
2 Katie Rowe	U17	R&N 10.79		
3 Melissa Metcalfe	U17	CMR 7.98		

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W 4x100m Relay				
1 R&N 52.1	1 Kerry Murch	U17	2 Charlotte Burrows	
	3 Lauran Jones	U17	4 Rebecca Davies	
2 CMR 52.1	1 Chloe Saunders	U17	2 Milly Kellyman	
	3 Lauren Saunders	U17	4 Sophie Taylor	
3 TCD 53.1	1 Poppy Marriott	U17	2 Paige Collings	
	3 Kelly Jay Payling	U17	4 Laretta Curtis	
4 DBY 54.8	1 Brit Merriman		2 Kelse Hutchinson	
	3 Sabrina Clay	U17	4 Suzzanne Palmer	

W 4x400m Relay				
1 CMR 4.12.3	1 Nicole King		2 Kathryn Smith	
	3 Megan Stratford		4 Sophie Taylor	
2 TCD 4.18.9	1 Laretta Curtis		2 Emma Erskine	
	3 Jessica Turner	U17	4 Alexandra Turner	
3 R&N 4.31.5	1 Gabby Moriarty	U17	2 Charlotte Inwood	
	3 Elenanor Barnes	U17	4 Emily Waugh	

M 4x100m Relay

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1 R&N 47.0	1 James Wright	U17	2 Tom Johnson
	3 Ben Lees		4 Courtney Douglas
2 CMR 47.1	1 Nicholas Pryce		2 Anerz Trotter-Smith
	3 Stuart McCaw		4 Daniel Rhodes
3 NUN 47.3	1 Frank Sackey	U17	2 Joel Venson
	3 Matthew Clark		4 Mohsin Takolia
4 CRB 48.1	1 Gary Wong		2 Ross Davies
	3 Scott Kendall	U17	4 Tom Berry
5 TCD 48.2	1 Michael Feeney		2 Nathan Mackenzie
	3 James Morley	U17	4 Nathan Pentin
6 DBY 51.0	1 Jamie Turner	U17	2 Ryan Winson
	3 Llwyd Griffiths	U17	4 Matthew Butler

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M 4x400m Relay

1 CMR 3.36.4	1 Nicholas Pryce		2 Stuart McCaw
	3 Anerz Trotter-Smith		4 Luke Roughley
2 CRB 3.36.9	1 Ross Davies		2 Sabastian Goodall
	3 Alister Fowler		4 Simon Franklin
3 TCD 3.46.7	1 Levi Curtis	U17	2 Arran Smith
	3 Michael Feeney		4 Mark De Vergori
4 DBY 3.50.8	1 Aaron Smalley	U17	2 Jamie Turner
	3 Matthew Butler		4 Scott Edwards
5 R&N 3.53.6	1 Kieran Garlick	U17	2 Rory Grant
	3 Ben Jennings	U17	4 Ryan Cleaver

MATCH	RESULT	LEAGUE STANDINGS		Event	Lge
	Event	Lge			
1 R&N	462	8	1 Rugby & Northampton AC	472	8
2 CMR	392	7	2 Central Mercia	427	7
3 TCD	389	6	3 Team CDAV	424	6
4 DBY	357	5	4 Derby AC	392	5
5 CRB	171	4	5 Corby AC	186	4
6 NUN	109	3	6 Nuneaton Harriers AC	134	3
7 TAR	60	2	7 Team Arrows	85	2

General Comment: No competitors W 800m B, No competitors W 100mH B, No competitors W Triple

Men Jonathon Heath (Derby) High Jump 1.95m
Women Yasmin Spencer (Team CDAV) Shot Putt 12.99m

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M 100m

1 James Morley

U17 TCD 12.8

M Long Jump

1 James Morley

U17 TCD 5.02NWI

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