

Maximum effort gets Corby off to fine start

NATYAL May 4th 2008

Corby AC made a magnificent start to their National Young Athletes League campaign with a fine win in their opening fixture which they hosted at the Rockingham Triangle.

In brilliant sunshine they defeated Tamworth, who were relegated from the Premier Division last year, to secure maximum points in their Midland One East match.

There were numerous good individual performances for the club with Beth Garvie shining in the Under-15 age group with an excellent sprint double. She raced home in 27.5 to beat Bromsgrove's Daisy Johnson (27.9) over 200m before returning later in the day to take the 100m in 13.2.

In the same age group Beth Smyton's frontrunning effort saw her take the 800m in 2.24.6 with Rebecca Wymant, who earlier in the day won the B 200m, doing likewise to take the B race.

Also playing their part were the Bangay sisters with Celine easily winning the 1500m in 5.09.0 – with Charlotte Cotter taking the B race in 5.09.2 – and her older sister Gabby securing a fine treble.

She shaved one-tenth of a second from her best to claim victory in the 75m hurdles in a time of 11.7 to rank seventh in the UK. She also threw 22.09m in the javelin and putted 9.59m in the shot. The final success in the age group came when Caitlin Davies cleared 1.40m in the high jump.

Jasper Larken was a class apart in the Under-13 Boys age group with a fantastic treble success. He registered Grade One performances in the 200m when running 26.5 and in the 100m where he also smashed his best with a convincing win in 12.9.

In between he came out on top in the 800m when he raced home ahead of Bromsgrove's Simon Clarence (2.29.6) to take top honours in 2.27.3.

In the corresponding girls age group Abigail Morrow-Harris was victorious in the 1200m with Holly Bevins clinching maximum points with her B string win. Emma MacFarlane capped a busy day with a high jump win with her clearance of 1.37m.

Under-17 Charlotte Bowling was another triple victor for Corby when she took the 80m hurdles in 12.7 and was equally impressive when, like several other Corby members, went into the top 10 rankings with her run of 46.7 in the 300m hurdles.

She also cleared 1.53m to take the high jump while also winning for Corby were Rachel Tyler and Grace O'Carroll. The former added a metre to her best when throwing 34.63m in the discus and putted the shot a distance of 7.10m and O'Carroll's effort of 9.06m won the triple jump.

The corresponding boys age group boasted several winners with Harry Hollis throwing 42.16m to win his main event – the javelin – and also taking the shot putt and high jump. Ally Fowler was untroubled when coasting to victory in the 800m

while other wins came from Tom Crabb in the long jump, Hayden Young (400m hurdles) and Daniel Sharkey in the hammer.

Scott Kendall added a metre to his best with his winning throw of 34.31m in the Under-15 javelin while Sam Baker in the 80m hurdles and shot plus Garnet Walters (long jump and high jump) were also victorious.

However, the best performance in this age group came from Sam Foster, whose superb throw of 49.36m slotted him into second place in the National Hammer Rankings.