

Wellingborough 5
August 1st 2010

Andrew McKenna fronted an excellent performance by the Wellingborough & District AC squad when his club promoted their annual 5 mile road race sponsored by Waitrose. The race, which started on the Mad Mile and took in a loop of Mears Ashby before ending at the Old Grammarians Club, saw the former county cross country champion finish in second place behind Werrington veteran John Herbert (26.11). McKenna recorded 26.23 ahead of fellow 'Borough colleagues Bruce Lovell in seventh and tenth placed Dan Doherty. Unfortunately their fourth scorer Neil Barnett, who is on the mend from a minor operation, came 21st leaving the way open for Rugby & Northampton AC to narrowly defeat them by just one point in the team contest.

Wellingborough-based and former winner of the race, Stuart Nelson, was the first R&N runner home in third position in a time of 26.50. Fifth placed Chris Curtis was Corby AC's leading runner while leading the way for Kettering Town Harriers was 17th placed Phil West.

Top local finisher on the female side was the Kettering-based English Schools 1500m steeplechase bronze medallist Nicole Roberts. Running for her new club, Birchfield Harriers, she clocked 32.20 for third behind Rutland's Zoe Smith (31.56) and Gill Fullen of Bedford Harriers who logged a winning time of 31.06.

Also turning in an excellent run was the host club's Elaine O'Sullivan who knocked over two minutes from last year's time when she finished fifth and runner-up in the Veteran-45 section.

Sarah Ellwood (15th), Helen Driscoll (17th), Karen Tomkins (23rd) and Kelly Burn (24th) all ran well for Wellingborough while Roz Giles in 19th was the first Kettering Town Harrier to finish.

Male

1 J Herbert (Werrington Joggers) 26.11, 2 A McKenna (Wellingborough & District AC) 26.23, 3 S Nelson (Rugby & Northampton AC) 26.50, 5 C Curtis (Corby AC) 27.18, 7 B Lovell (W&D) 28.18, 10 D Doherty (W&D) 28.41, 16 D Rayfield (Northants Police) 29.25, 17 P West (Kettering Town Harriers) 29.25, 21 N Barnett (W&D) 30.02, 22 S Giles (KTH) 30.04, 39 T Ulyatt (W&D) 32.30, 40 N Jeff (W&D) 32.34, 43 M Winstone (KTH) 32.39, 46 P Devereaux (W&D) 33.01, 65 S Bell (W&D) 34.18, 66 T Ellwood (W&D) 34.25, 75 J Thomas (CAC) 35.11, 82 M Newton (W&D) 35.36, 91 A Snedden (CAC) 36.19, 94 L Rolfe (W&D) 36.24, 95 M Pearson (KTH) 36.30, 98 R Britten (KTH) 36.52, 101 S Gallagher (KTH) 37.04, 108 I Archuletta (W&D) 37.32, 116 K Lewis (W&D) 38.05, 125 N Smith (CAC) 39.10, 133 A Bird (W&D) 40.52, 150 M Lee (NP) 44.18, 174 A Manning (W&D) 55.30, 176 A Burgess (W&D) 57.01, 177 H Smith (W&D) 57.54.

Female

1 G Fullen (Bedford Harriers) 31.06, 2 Z Smith (Rutland Running Club) 31.56, 3 N Roberts (Birchfield Harriers) 32.20, 5 E O'Sullivan (W&D) 33.03, 15 S Ellwood (W&D) 36.42, 18 H Driscoll (W&D) 37.32, 19 R Giles (KTH) 38.13, 23 K Tomkins (W&D) 39.33, 24 K Burn (W&D) 39.38, 37 K Bell (W&D) 42.37, 41

R Sanderson (W&D) 44.01, 53 E Donoghue (W&D) 46.26, 58 C Paley (W&D) 48.31, 69 J Ames (W&D) 50.05, 70 T Freear (W&D) 50.09, 82 L Wood (W&D) 56.45, 83 S Owen (W&D) 57.54.