



Paul Webster won Northamptonshire's first medal for a number of years at the National Police Track & Field Championships despite carrying a hamstring injury.

The Corby AC sprinter qualified for the final of the 100m at Blackpool's Stanley Park with an 11.7 clocking in his heat behind the impressive Chris Carson of Fife who recorded a time of 11.2.

In the final Webster was leading until 60m when his hamstring went leaving Carson to go on to take the title in 11.1. However a brave Webster was not to be denied a medal and hung on to take the silver in 11.5 from the fast finishing Greg Richards (West Midlands) who was one tenth of a second behind at the finish.

Unfortunately after that Paul was unable to take his place in the 200m.