

England Athletics Under-17 and Under-15 Championships
9th & 10th August



Sam Foster produced his top form to secure a National title when the England Athletics Under-17 and Under-15 Championships were held at Birmingham's Alexander Stadium.

Foster of Corby AC took part in the Under-15 hammer competition and was hoping to turn the tables on Norwich's Danny Clayton, who had defeated him to lift the English Schools title. After an opening throw of 45.62m, Foster then took the lead with 49.31m before extending it with 49.73m in the third round. However, Clayton wasn't as lucky as his three no-throws saw an end to his title hopes.

Sam continued to lead until the fifth round when first of all Michael Painter (Norwich) with 50.67m and then Preston's Darran Evans (51.54m) reduced him to the bronze medal position. But Foster responded in the final round with his second longest throw ever of 53.82m to take the gold medal ahead of Evans and Painter.

Corby AC's Rachel Tyler threw a solid 34.14m to take fifth position in the Under-17 discus while also in action for the Corby club were Sam Baker, Harry Hollis and Gabby Bangay.

Baker equalled his best when he cleared 3.00m for sixth in the Under-15 Boys' pole vault and Hollis threw 51.85 for eighth in the Under-17 javelin while Under-15 Girl Bangay competed in three events. She leapt 5.06m for sixth in the long jump, putted 9.46m for 13th in the shot and clocked 12.16 in the heats of the 75m hurdles.