

McCain's UK Challenge
9th August 2008



Corby's William Sharman clocked a season's best when he won the 110m hurdles at the final of the McCain's UK Challenge at Eton. He raced home in 13.67 to finish ahead of Woodford Green's Gianni Frankis (13.79) with Victoria Park's Chris Baillie third in 13.87. This victory landed him the overall title.

Also competing was Corby AC's Rachel Backhouse. She threw 40.62m for seventh in the women's discus with top spot going to Exeter's Emma Carpenter who threw 50.18m to finish ahead of Birchfield Harrier Eden Francis (47.73m).

Held in conjunction was the British Milers Club Grand Prix series in which Corby's Karen Harewood competed over 800m. She clocked 2.07.34 for fifth place as Liverpool's Vicky Griffiths won in 2.05.35 from Woodford Green's Tara Bird (2.05.76).