

John Thomas followed up his victory in the veteran-65 section of the Longford marathon in Ireland with a win in his age group in the Grunty Fen half marathon.

In Ireland Thomas clocked 3.40.21 while also competing for Corby AC was Norman Smith who ran 4.17.22 for 19th in the over-50 group.

In the Grunty Fen race Thomas clocked 1.35.10 – a time which slotted him into 97th overall – as the race was won in 1.10.43 by Shaftesbury's Neil Addison. Also running for Corby was Nigel Taylor, who recorded a new best of 1.36.59 for 117th place.

Loddington's Yvonne Scarrott also won her age category when she covered the distance in 1.30.56 in the over-40 section. Her time gave her fourth place while at the front Colchester occupied the top two positions with Jennie Roberts winning in 1.20.31 from Sarah Ivory (1.26.46).