

North Midlands Cross Country 2

Corby
14th November 2010

Josh Cara opened his North Midlands cross country campaign when, on a wet and windy West Glebe Park he convincingly took the Under 13 Boys' event when Corby AC played host to the second meeting. The Kettering Town Harrier raced home ahead of Mansfield's Lewis Ashmore to give him an eleven second victory when he covered the 3000m distance in a time of 10.26. Cara's victory paved the way for a fine team effort by the Harriers who finished runners up to Mansfield. He received excellent support from Jack Hope who ran well to finish seventh while the third counter was Ethan Mehmet.



Another top performance by a local runner came from Ellie Welch who in the colours of Corby AC repeated her third place of the opening fixture with another determined run in the Under 13 Girl's race. She ran the 3k distance in 11.27 to again finish behind Lincoln's Abbie Donnelly and the winner, Lucy Holt of Stoke. Welch's excellent run fronted an improved performance by Corby who picked up second place in the team stakes behind Stoke. Also scoring for the club were Megan Hunter-Powell (14th) and Briony Morrow-Harris who was 16th.

Also taking second spot in a team contest were the Corby senior ladies who finished behind Charnwood and just ahead of Nene Valley Harriers. Leading the squad home over the 6.4k course was Karen Harewood who had a solid run to finish fifth. Kate Armstrong ran well for 18th on her league debut while Lorraine Kent in 22nd was the third scorer.

Kettering Town Harriers with Bessie Rollins in seventh finished seventh team while Harborough AC, led home by Karen Brooks in 23rd, were 12th.

Felicity Milton (Woodford Green) led all the way to win by just over a minute from Stoke's Emma Jackson.

Sean Fenwick's return to form saw him finish an excellent sixth in the Senior Men's race. After a steady start the Harborough man finished strongly to cover the 9.6k distance in 30.02. William Clapp in 39th also ran well for Harborough while top local club to finish was Corby AC, who were led home by the creditable run of Troy Garrity (31st). Also scoring for the club that finished seventh were Seb Goodall, 50th, Neal Humphreys, 53rd, Graeme Hall, 65th and Alex Wright in 71st. Kettering were 12th with Steve Giles their first runner in 57th place.

Derby's David Westbury came home in pole position in 28.54 ahead of Chris Warburton of Notts AC (29.03) whose club won the team contest from Owls.

The Kettering pair of Jake Waples (Under-17 Men) and Gina Diaz Santana (Under-15 Girls) both ran well to place fifth and eighth respectively in their age groups.

Ruby Goodall improved one place from the previous round when coming third in the Under-11 Girls' race while also running well for Corby was Ellie May Hathaway in fourth. On the boys' side Corby's Harry Freeman in fifth and Joe Bowskill (KTH) in sixth turned in solid performances.

Under-11 Girls (2k)

1 N Emmerson (Amber Valley) 7.29, 2 L Birkin (Blackwell) 7.35, 3 R Goodall (Corby AC) 7.55, 4 E Hathaway (C) 7.56, 7 N Watson (Harborough AC) 8.09, 8 T Walford (KTH) 8.10, 9 M Watson (H) 8.12, 11 D Gaskell (C) 8.30, 12 A Kirkby (C) 8.32, 13 H Winstone (Kettering Town Harriers) 8.34, 14 R Hughes (KTH) 8.40, 15 E Manson (KTH) 8.49.

Under-11 Boys (2k)

1 H Milner (Derby AC) 6.55, 2 R Eyles (Peterborough AC) 7.17, 3 A Knibbs (Amber Valley) 7.23, 5 H Freeman (C) 7.26, 6 J Bowskill (KTH) 7.29.

Under-13 Girls (3k)

1 L Holt (Stoke AC) 11.08, 2 A Donnelly (Lincoln) 11.17, 3 E Welch (C) 11.27, 12 M Sanders (KTH) 12.30, 13 G Vaughan (KTH) 12.31, 14 M Hunter-Powell (C) 12.33, 16 B Morrow-Harris (C) 12.40, 26 C Iliffe (C) 13.45, 27 L Mehmet (KTH) 13.56.

Teams

1 Stoke AC 15, 2 Corby AC 33, 3 Derby AC 40, 6 Kettering Town Harriers 52.

Under-13 Boys (3k)

1 J Cara (KTH) 10.26, 2 L Ashmore (Mansfield) 10.37, 3 J McGraw (Amber Valley) 10.44, 7 J Hope (KTH) 11.00, 18 E Mehmet (KTH) 12.05, 24 S McIntyre (C) 14.20.

Teams

1 Mansfield A 11, 2 Kettering Town Harriers 26, 3 Mansfield B 35.

Under-15 Girls (3k)

1 E Tonner (Lincoln) 11.02, 2 V Wills (Derby) 11.13, 3 S Hemington (Notts AC) 11.13, 8 G Diaz Santana (KTH) 11.41, 16 K Walford (KTH) 12.05, 33 N Curtis (C) 13.01, 36 E MacFarlane (C) 13.23.

Teams

1 Mansfield 19, 2 Chesterfield 25, 3 Derby AC 34, 8 Kettering Town Harriers 74, 11 Corby AC 115.

Under-15 Boys (4k)

1 S Ashman (Leicester Coritanian) 13.35, 2 J Asbrey (Sleaford) 14.09, 3 J Rae (Amber Valley) 14.15, 20 L Kirk (KTH) 15.33, 22 S Furey (C) 15.39, 25 L Smith (KTH) 15.57, 37 E Gardner (H) 17.30, 40 B Claypole (C) 22.38.

Teams

1 Amber Valley 36, 2 Mansfield 37, 3 Derby 39, 9 Kettering Town Harriers 88, 10 Corby AC 103.

Under-17 Ladies (4k)

1 K Holt (Stoke AC) 14.10, 2 L Crookes (Leicester Coritanian) 15.15, 3 E Randle (Nene Valley Harriers) 15.36, 13 C Cotter (C) 16.35, 15 I Stokes (KTH) 16.45, 19 D Smith (KTH) 17.09.

Teams

1 Mansfield 22, 2 Leicester Coritanian 26, 3 Stoke AC 28, 7 Kettering Town Harriers 61.

Under-17 Men (6.4k)

1 N McGuire (Derby) 20.08, 2 R Needham (Notts AC) 20.46, 3 S Hunt (Nene Valley Harriers) 20.52, 5 J Waples (KTH) 21.15, 11 D Edwards (KTH) 22.33, 17 J Watson (H) 22.50, 25 D Thompson (KTH) 23.35.

Teams

1 Nene Valley Harriers 23, 2 Owls 31, 3 Mansfield 32, 4 Kettering Town Harriers 41.

Senior Ladies (6.4k)

1 F Milton (Woodford Green) 21.17, 2 E Jackson (Stoke AC) 22.18, 3 C Mensley (Charnwood) 22.34, 5 K Harewood (C) 23.31, 7 B Rollins (KTH) 23.38, 18 K Armstrong (C) 25.17, 22 L Kent (C) 25.58, 23 K Brooks (H) 26.03, 28 E Whitaker (KTH) 26.27, 33 C Wright (C) 26.56, 42 T Latinovics (C) 27.25, 46 M Mulholland (C) 27.47, 50 Y Mehmet (KTH) 28.09, 61 E Rocke (C) 30.15, 64 L Brooks (H) 31.19, 67 L Farrow (H) 32.38.

Senior Teams

1 Charnwood 32, 2 Corby AC 45, 3 Nene Valley Harriers 47, 7 Kettering Town Harriers 85, 12 Harborough AC 155.

Veteran Teams

1 Corby AC 121, 2 Holme Pierpont 122, 3 Mansfield 128.

Senior Men (9.6k)

1 D Westbury (Derby) 28.54, 2 C Warburton (Notts AC) 29.03, 3 J Thewlis (Notts AC) 29.19, 6 S Fenwick (H) 30.02, 31 T Garrity (C) 32.14, 39 W Clapp (H) 33.04, 50 S Goodall (C) 33.53, 53 N Humphreys (C) 34.13, 57 S Giles (KTH) 34.23, 65 G Hall (C) 34.50, 71 A Wright (C) 35.06, 72 A Brooks (H) 35.07, 77 J Goringe (KTH) 35.36, 83 L Montgomery (C) 35.50, 90 M Driver (H) 36.20, 93 S Broom (C) 36.28, 99 L Coulson (KTH) 36.58, 101 S Franklin (C) 37.12, 110 H Delargy (H) 37.43, 113 A Clawson (KTH) 37.54, 115 A Hawkes (C) 38.04, 118 M Winstone (KTH) 38.14, 121 R Fletcher (KTH) 38.26, 128 R Bufton (H) 38.49, 130 G Rolfe (H) 38.55, 138 A Rain (KTH) 39.59, 146 P Marlow (KTH) 40.52, 155 P Young (KTH) 41.51, 184 D Oram (H) 53.59.

Senior Teams

1 Notts AC 31, 2 Owls 50, 3 Derby 160, 7 Corby AC 270, 12 Kettering Town Harriers 464.

Veteran Teams

1 Redhill 147, 2 Mansfield 154, 3 Harborough AC 277.