

National Junior League

29th April 2007

Three Corby AC throwers all performed with distinction when they competed for Notts AC in the opening fixture of the Midland Premier National Junior League at Derby.

Rachel Backhouse, who was able to compete for Notts AC because Corby doesn't have a National Junior League team, smashed her personal best in both the discus and the hammer. In the former she found herself up against last year's British number one, Eden Francis of Leicester, who won with a throw of 43.10m. However, Backhouse was well ahead of the rest of the competitors as she took second place with 39.78m, which added almost 2m to her former best and placed her sixth best ranked British Junior in 2007.

She also came second behind Derby's Jenna Winson (39.94m) in the hammer with her best effort of 35.82m adding 35cms to her former best and runner-up in the B shot with 8.44m.

Sarah Anne de Kremer trailed Kylie Clarke after the first round of the javelin before responding in the second round with a supreme winning effort of 41.76m to move to top of the British Under-17 rankings for this year. Clarke was easily second with 38.09m while the third Corby thrower in action – Katy-Louise Payne – threw 24.17m for second in the B string behind West Wales' Claire Williams (37.94m). Payne also threw 35.07m to defeat Birchfield Harrier Jess Palmer (32.88m) when winning the B discus.

In a busy afternoon she also clocked 15.6 in her first outing in the 100m hurdles (won in 15.2 by West Wales' Caryl Granville) to finish fourth and leapt 4.83m for third in the long jump, which was won on 5.23m by Birchfield's Laura Samuel.

Other Corby members in National Junior League competition were Laurence Fitch and Elycia Metaxas-Belt who both competed for Sale Harriers in the Northern Premier at Gateshead.

Fitch returned a time of 17.6 to place third in the 110m hurdles (won in 14.8 by Liverpool's Matthew Hudson) while his clearance of 1.75m won the B high jump from Edinburgh's Darren Steel (1.75m). He also helped Sale to third spot in 44.6 in the sprint relay.

Metaxas-Belt was seventh in the high jump with 1.50m as Edinburgh's Jayne Nisbet won with 1.70m. She also competed in the B shot and came fourth with 8.41m and the B discus where she finished seventh with 18.04m.