

Paul Webster secured a double bronze success at the Midland Counties Indoor Championships at Birmingham's National Indoor Arena.

The Corby AC Senior clocked 22.88 to finish behind the University of Bath's Phil Doorgachurn (22.32) in the 200m race which was won in 21.78 by Yate's Greg Smith.

In the following day's 60m Paul ran a best of 7.07 to win his heat but failed to go any faster when coming third in the final. He clocked 7.13 to edge out Doorgachurn by two hundredths of a second as Smith lifted his second title of the weekend when winning from Telford's Richard Rubenis (7.07) in 7.04.

Webster's Corby training partner Sean Taylor's mishap, when his starting blocks slipped, probably cost him a double medal success in the Under-20 sprints. He clocked 22.17 for third in the 200m behind Birchfield's Luke Lennon-Ford (22.01) and Yates' Ryan Scott who won in 21.96.

The following day he returned to win his 60m heat in 7.10 to join Rugby & Northampton AC's Anthony McWilliams in the final. There Taylor's blocks slipped and he was left to make up ground from the off and he eventually finished sixth in 7.17 while McWilliams clinched the bronze in 6.99 behind Birchfield's Jermaine Downie (6.96) and Scott who took his second title in 6.93.

Other Corby medals came the way of Alistair Fowler who won the Under-15 800m in a personal best of 2.16.42, Laurence Fitch, who secured the Under-17 long jump with a leap of 6.13m and Adam Hartley whose run of 2.17.32 took the bronze in the Under-17 800m.

Also in action for the club was John Bell who ran 7.41 when coming second to Stratford-upon-Avon's Stefan Ellis (7.35) in the heats of the Under-17 60m. In the final he went faster still with 7.37 but just missed out on third place when finishing fifth as the race was won by Birchfield's Antoe Walters in 7.12 from Ellis (7.23).

Kettering Town Harrier Luke Valentine clocked 23.20 for second in the Under-20 200m heats while also in action for the club was Gemma Elliott who made the final of the Under-20 400m when finishing second in her heat in 61.32 behind Birchfield's Ejiro Okoro (58.60). In the final she came sixth with a faster time of 61.13 as Okoro won in a new lifetime best of 57.03.