

Midland Counties Under 17 and Under 15 Championship
26th / 27th May 2007

Corby AC had a very successful weekend at the Midland Counties Under 17 and Under 15 Championship when they won ten medals with three gold, three silver and four bronze. Coming away with gold medals at a cold and very wet Birmingham's Alexander Stadium was the throwing trio of Elycia Metaxas-Belt, Rachel Tyler and Sam Foster. The former showed that she is rounding into top form when she took the Under-17 discus with a fine throw of 33.97m after a close battle with Tesni Ward of Sheffield, who finished runner-up with 33.57m.

Tyler maintained her unbeaten sequence this season when she unleashed a fine throw of 29.71m in the bad conditions to finish ahead of Mansfield's Charlotte Gair (28.51m) in the Under-15 Girls' discus.

Foster also remained unbeaten this season with his effort of 49.12m taking the Under-15 Boys' hammer title in front of Rugby & Northampton AC's Craig Mutch (48.01m).

Sam's sister, Emma, secured another medal for the family when her personal best throw of 30.09m was good enough for the bronze in the Under-17 Girls' hammer, which was won on 43.93m by Gloucester's Kate Yhell from Yate's Bethany Jones (33.04m). Corby's silver medals were achieved by Charlotte Bowling, Freddie Pask and Matthaus Marriott, who all set new lifetime bests in their respective events. Bowling was leading the Under-15 long jump competition with her fifth round leap of 5.08m before being passed by Bath's Natasha Lewis who took the title in the final round with 5.18m. Bowling also competed in the 75m hurdles and her time of 12.3 just saw her miss out on another medal when she came fourth in the race which was easily won in 11.9 by Stoke's Jazmin Sawyer from runner-up Beth Farr (Mansfield) and Rebecca Oakley of Wolverhampton, who both clocked 12.2.

Pask threw 53.81m for second in the Under-20 javelin behind Tamworth's Brett Byrd (56.76m) while Marriott clocked 58.64 in the 400m hurdles but was just pipped by Sparkhill's Richard Curl (58.55).

Corby's other bronze medal winners were Rachel Backhouse, Lauren Boyd and Sam Baker. The former threw 38.15m in the Under-20 discus, which was won in superb style by Leicester's Eden Francis with 48.01m from Rowheath's Jenny Scott (43.47m).

Also competing for Corby was Katy-Louise Payne who threw 32.76m for fourth place.

Boyd competed in several events with her medal winning effort coming in the Under-17 shot with a putt of 10.07m which saw her finishing behind Coventry's Katherine McBeth (10.23m) and Jade Weston of Stoke who won with 11.22m. Boyd also leapt 4.96m for eighth in the long jump, threw 28.30m for fifth in the javelin and clocked 12.7 in the heats of the 80m hurdles.

Baker won his medal when he cleared 2.30m in the Under-15 pole vault which was won on 3.70m by Bristol's Tom Gibson from Halesowen's Luke Morton (2.80m). Sam also clocked 15.20 for eighth in the 80m hurdles final and threw 28.95m for ninth in the javelin.

title in 49.44.

Other Corby AC Under-17 Men athletes in action were Simon Franklin, who clocked 4.20.50 for fifth in the 1500m, Ally Fowler, who ran 2.08.43 in the 800m heats and Stephen Broom, who returned a time of 10.18.68 for tenth in the 3000m.