

English Schools Track & Field Championships
10th/11th July 2009

Due to their success at the weekend's Aviva English Schools Track & Field Championships at Sheffield's Don Valley Stadium Charlotte Bowling has been selected for international duty.

Corby AC's Bowling also exceeded all expectations at Sheffield when she took the silver medal in the Inter Girls' 300m hurdles. Going through to the final as the fastest qualifier, the Prince William pupil always knew that top ranked Laura Burke (Surrey) was going to be a big threat. Running in lane six in the opening track event of the second day, Bowling soon came under pressure from Burke who, from lane five, caught up the stagger going into the bend and was comfortably ahead entering the finishing straight. Despite Charlotte closing her down in the final 50m, the Surrey girl improved from seventh last year to champion this year in a new best of 42.94. Bowling was a clear second and in the process reduced her best by a similar margin as the winner when she ran a superb 43.69.

Bowling, who was well pleased with her run, now joins forces with Burke as the pair represent England in this weekend's Home Counties Schools International in Antrim, Northern Ireland.

Another county medal was achieved by last year's silver medallist Rachel Tyler, a member of Corby AC, who despite throwing 4.00m further than 12 months ago had to settle for bronze in a very competitive Inter Girls' discus contest. The Bishop Stopford pupil got up to second place with her third round throw of 38.83m before being overtaken by the next competitor, Kathryn Rothwell of the Channel Islands, whose mark of 39.97m clinched the silver. Rachel went further in the final round with 39.05m and declared herself happy with the result following a recent dip in form. Suffolk's Samantha Milner lifted the title with her opening throw of 40.08m.

Another unlucky county Junior Girl was Lucy Hatton, a member of Corby AC, who, after qualifying for the semis of the 75m hurdles in a new best of 11.37, crashed out in the next stage when banging the barrier with her knee and falling to the ground.

In the corresponding boys' section Scott Kendall, who trains with Corby AC, finished a creditable seventh in the javelin after going into the meeting ranked tenth. His best throw of 43.93m came in the opening round of the contest which was easily won by Norfolk's Oliver Bradfield who smashed the championship best with 60.42m.

Despite going out in the 400m heats, Fraser Ryan produced his best electric timing with 53.68.

In the same competition Corby AC's Sarah Anne De Kremer, representing Leicestershire, produced her best throw for two years to log fourth place. The Inter champion of two years ago looked to have overcome her long term injury problem when she unleashed a throw of 39.00m in the third round.

The only other county competitor from Corby AC in the Senior Girls' section was Lauren Boyd who injured her wrist in the warm up and had to settle for ninth with 10.46m in the shot.

Corby AC's Harry Hollis, competing for Leicestershire, threw just short of his best when finishing seventh with 55.11m in the Senior Boys' javelin.