

Young Athletes League
17th May 2009

Corby AC repeated their success of the opening fixture when coming out on top in the second round of their McCain's National Young Athletes League meeting which they hosted at the town's Rockingham Triangle. They finished comfortably ahead of Grantham & District AC to take the Midland One East match with Nuneaton Harriers and Sparkhill a distant third and fourth.

Making a big impact on his debut for the club was Jason Wong who chalked up a treble in the under-13 boys' age group. He took the 200m in a top ten nationally ranked 26.6 before winning the long jump with 4.50m and the 100m in 13.2.

Ellie Welch landed a double in the corresponding girls' section. She won the 1200m in a good time of 4.15.0 to defeat Nuneaton Harrier Hannah Stroud (4.18.7) with Georgia Bevins running well to win the B race in 4.15.2 and also took the 70m hurdles.

Another Corby athlete to impress was Ross Davies who sliced two tenths of a second from his previous best when he won the under-17 400m in 52.9 with Nathan Graham clocking 53.9 to take the B race after earlier in the day winning the 200m A race in 23.2. Callum Logan (800m), Garnet Walters (high jump & long jump) and Sam Foster, who threw an impressive 49.20m in the hammer were also victorious in the same age group.

Charlotte Bowling and Rachel Tyler pushed up the club's points tally when they both logged wins in the Under-17 ladies section. The former started her day with a 48.1 clocking to take the 300m hurdles before returning times of 12.3 and 13.0 to do likewise over the 80m hurdles and 100m. Tyler produced another consistent throw of 36.70m to win her main event – the discus – and for good measure also secured top points in the shot. Nina Mistry (long jump) was the other winner in this age group.



Scott Kendall and Jasper Larken registered two wins apiece in the Under-15 Boys' section. Kendall putted 11.26m in the shot and clocked 13.0 to take the 80m hurdles while Larken secured a sprint double with a new best of 24.9 when defeating Sparkhill's William Hughes (25.2) before edging out Nuneaton's Joel Venson by one tenth of a second to win the 100m in 12.5.

In the corresponding girls' age group Lucy Hatton sliced one tenth of a second from her lifetime best when she edged out Grantham's Millie Cooper (11.7) to win the 75m hurdles in 11.6. She also won the shot with 9.67m while other

victories in this age group came from Emma MacFarlane (high jump) and Katie Fowler (discus).

Under-17 Men

100m: A 2 Ross Davies 12.6, B 2 Nathan Graham 12.8; **200m:** A 1 Graham 23.2, B 1 Davies 23.6; **400m:** A 1 Davies 52.9, B 1 Graham 53.9; **800m:** A 1 Callum Logan 2.27.2; **1500m:** A 3 Jason Underwood 5.07.0; **100m Hurdles:** A 1 Sam Baker 15.7; **High Jump:** A 1 Garnet Walters 1.65m; **Long Jump:** A 1 Walters 5.17m, B 1 Logan 4.49m; **Shot Putt:** A 4 Logan 6.20m, B 1 Underwood 6.20m; **Discus:** A 2 Sam Baker 25.46m; **Hammer:** A 1 Sam Foster 49.20m; **Javelin:** A 2 Walters 26.55m, B 1 Underwood 14.63; **4 x 100m Relay:** 1 (Logan/Davies/Walters/Graham) 48.4.

Under-15 Boys

100m: A 1 Jasper Larken 12.4; **200m:** A 1 Larken 24.9, B 1 Daniel Diver 30.4; **400m:** A 3 Larken 65.9; **800m:** A 2 Francis Kelly 2.41.5; **1500m:** A 2 Sam Furey 5.14.1; **80m Hurdles:** A 1 Scott Kendall 13.0; **High Jump:** A 2 Kendall 1.30m; **Long Jump:** A 3 Diver 3.62m; **Shot Putt:** 1 A Kendall 11.26m; **Discus:** A 3 Furey 12.88m; **Javelin:** A 2 Kelly 17.40m; **4 x 100m Relay:** 1 (Furey/Kelly/Diver/Larken) 56.8.

Under-13 Boys

100m: A 1 Jason Wong 13.2, B1 Scott McIntyre 14.8 14.8; **200m:** A 1 Wong 26.6, B 1 Alex Cotter 32.0; **800m:** A 2 McIntyre 2.57.1; **High Jump:** A 2 Jacob Smyton 1.15m; **Long Jump:** A 1 Wong 4.50m, B 1 Smyton 3.23m; **Shot Putt:** A 3 Smyton 5.03m, B 1 Cotter 4.01m; **4 x 100m Relay:** 1 (Wong/Smyton/Cotter/McIntyre) 59.1.

Under-17 Ladies

100m: A 1 Charlotte Bowling 13.0; **800m:** A 2 Charlotte Cotter 2.29.3; **80m Hurdles:** A 1 Bowling 12.3; **300m Hurdles:** A 1 Bowling 48.1; **Long Jump:** A 1 Nina Mistry 4.08m; **Discus:** A 1 Rachel Tyler 36.70m, B 1 Cotter 13.27m; **Shot Putt:** A 1 Tyler 8.53m; **Javelin:** A 3 Cotter 10.36m.

Under-15 Girls

100m: A 3 Rebecca Wymant 13.7, B 3 Courtney Bancroft-Morris 14.4; **200m:** A 3 Rebecca Wymant 27.2, B 1 Sophie McIntyre 28.3; **800m:** A 2 Abigail Morrow-Harris 2.32.1; **1500m:** A 2 Celine Bangay 5.08.9, B 2 Hannah Singh 5.55.4; **75m Hurdles:** A 1 Lucy Hatton 11.6, B 1 Emma MacFarlane 12.9; **High Jump:** A 1 MacFarlane 1.38m; **Long Jump:** A 3 Katie Fowler 4.04m, B 3 Bancroft-Morris 3.64m; **Discus:** A 1 Fowler 14.75m, B 1 Bancroft-Morris 11.60m; **Javelin:** A 2 Fowler 18.73m, B 1 Wymant 14.05m; **Shot Putt:** A 1 Hatton 9.67m, B 1 MacFarlane 6.30m; **4 x 100m Relay:** 2 (Bancroft-Harris/MacFarlane/Wymant/Fowler) 54.8.

Under-13 Girls

75m: A 2 Helena Keenan 11.3, B 1 Megan Hunter-Powell 11.9; **150m:** A 2 Hunter-Powell 23.5, B 2 Briony Morrow-Harris 24.3; **800m:** A 2 Keenan 2.38.8; B 1 Holly Bevins 2.45.8; **1200m:** A 1 Ellie Welch 4.15.0, B 1 Georgia

Bevins 4.15.2; **70m Hurdles:** A 1 Welch 16.2; **Long Jump:** A 4 Morrow-Harris 3.05m, B 3 Hunter-Powell 2.82m; **Shot Putt:** A 3 Morrow-Harris 5.15m; B 3 Keenan 4.26m; **4 x 100m Relay:** 1 (Hunter-Powell/Morrow-Harris/Welch/Keenan) 60.8.

Overall Result

1 Corby AC 319, 2 Grantham & District AC 288, 3 Nuneaton Harriers 202, 4 Sparkhill Harriers 118.