

Young Athletes League Match 5
19th July 2009

Corby AC finished their McCain's National Young Athletes League campaign on a high when they won the final match at Kettering's Thurston Drive complex. They convincingly defeated the hosts, Kettering Town Harriers, to record their third win in the series which saw them finish fifth overall from the 16 teams in the Midland One East Division, with the Harriers coming 12th. The highlight of the meeting from an individual point of view was the javelin throwing of Corby's Under-15 Scott Kendall who smashed his career best with a fine display which saw his winning mark land at 49.12m. That effort, which added almost 4 metres to his best, moves him up to fourth ranked in Britain. Another Corby athlete to achieve a Grade One standard was Under-13 Boy Jason Wong, who gained the mark in two events. He ran 26.2 to knock four tenths of a second from his 200m best and also won the long jump with a leap of 4.72m, which added 22cms to his former best. Both Sam Foster, who threw 48.51m to win the hammer and Garnett Walters, who equalled his high jump best with a clearance of 1.85m achieved Grade 2 performances in the Under-17 Men's section. Jasper Larken also made that grade in the Under-15 Boys' age group when he shaved one tenth of a second from his best to comfortably take the 200m. Ellie Welch produced a fine run of 4.09.0 to log another Grade 2 mark when winning the Under-13 Girls' 1200m. Her time reduced her best by six seconds while Helena Keenan's run of 4.14.9 – when winning the B race – was also a new best.

Under-17 Men

100m: A 1 Gary Wong (C) 11.9; B 1 Tarun Benning (C) 13.0; **200m:** A 1 Nathan Graham (C) 23.5; B 1 Ross Davies (C) 23.8; **400m:** A 2 Graham (C) 55.3; B 1 Davies (C) 55.4; **800m:** A 1 Callum Logan (C) 2.14.3; **1500m:** A 1 Jake Waples (K) 4.23.1, 2 Logan (C) 4.57.7; **100m Hurdles:** A 1 Sam Baker (C) 16.2; **High Jump:** A 1 Garnett Walters (C) 1.85m; **Long Jump:** A 1 Wong (C) 5.73m; B 1 Walters (C) 5.30m; **Triple Jump:** A 1 Benning (C) 10.93m; **Pole Vault:** A 1 Baker (C) 3.00m; **Hammer:** A 1 Sam Foster (C) 48.51m; **Discus:** A 1 Benning (C) 29.22m, 2 Nick McCullough (K) 28.20m; **Shot Putt:** A 1 McCullough (K) 9.56m, 3 Wong (C) 7.92m; B 1 Logan (C) 6.19m; **Javelin:** A 1 Baker (C) 39.41m, 2 McCullough (K) 29.98m; B 1 Walters (C) 35.23m; **4 x 100m Relay:** 1 Corby AC (Graham/Wong/Walters/Davies) 48.6; **4 x 400m Relay:** 1 Corby AC (Logan/Benning/Graham/Davies) no time given.

Under-15 Boys

100m: A 1 Jasper Larken (C) 12.6, 3 Sabian Phippen (K) 13.7; B 2 Daniel Diver (C) 15.2; **200m:** A 1 Larken (C) 24.8, 3 Tom Carvell (K) 27.6; **400m:** A 1 Larken (C) 58.2, 4 Edward Cherry (K) 65.0; B 2 Carvell (K) 72.1; **800m:** A 2 Cherry (K) 2.21.9, 3 Diver (C) 2.38.7; B 1 Liam Smith (K) 2.33.0, 3 Francis Kelly (C) 2.42.5; **1500m:** A 2 Liam Kirk (K) 5.15.6; **High Jump:** A 1 Kelly (C) 1.25m; **Long Jump:** A 2 Smith (K) 3.71m, 3 Diver (C) 3.40m; **Discus:** A 1 Scott Kendall (C) 31.47m; **Shot Putt:** A 1 Kendall (C) 11.50m, 3 Smith (K) 5.36m; **Javelin:** A 1 Kendall (C) 49.12m; B 1 Kelly (C) 17.57m; **4 x 100m Relay:** 1 Corby AC (Kendall/Kelly/Diver/Larken) 54.8.

Under-13 Boys

100m: A 1 Jason Wong (C) 13.4; B 1 Sam James (C) 14.8; **200m:** A 1 Wong (C) 26.2; B 1 Scott McIntyre (C) 29.6; **800m:** A 1 McIntyre (C) 2.47.1; B 3 James (C) 3.15.8; **1500m:** A 1 Josh Cara (K) 5.05.2; **Long Jump:** A 1 Wong (C) 4.72m; B 1 McIntyre (C) 3.89m; **Shot Putt:** A 1 Matthew Wymant (C) 5.71m; B 1 James (C) 4.67m; **4 x 100m Relay:** 1 Corby AC (Wong/James/McIntyre/Harry Young) 57.9.

Under-17 Ladies

100m: A 1 Alice Chapman (K) 12.8; B 1 Naome Entiriwoa (K) 13.6; **200m:** A 1 Chapman (K) 26.6; B 1 Beth Horsley (K) 27.5; **300m:** A 1 Alex Keyworth (K) 44.4; B 1 Horsley (K) 49.4; **800m:** A 1 Emily Taylor (K) 2.36.9; **Long Jump:** A 1 Chapman (K) 4.42m; B 1 Horsley (K) 4.20m.

Under-15 Girls

100m: A 1 Niamh Bailey (K) 13.5, 2 Rebecca Wymant (C) 14.0; B 1 Sharnie Love (K) 14.3, 2 Sophie McIntyre (C) 14.3; **200m:** A 1 Bailey (K) 26.9, 2 Wymant (C) 27.5; B 1 Katie Fowler (C) 28.0, 2 Love (K) 28.3; **800m:** A 1 Emma MacFarlane (C) 2.35.1, 2 Lucy Tolton (K) 2.36.0; **1500m:** A 1 Celine Bangay (C) 5.10.3, 2 Gina Diagisantana (K) 5.14.5; B 1 Abigail Morrow-Harris (C) 5.22.1; **75m Hurdles:** A 1 MacFarlane (C) 14.0; **High Jump:** A 1 Bailey (K) 1.50m; **Long Jump:** A 1 MacFarlane (C) 4.35m; B 1 McIntyre (C) 4.06m; **Discus:** A 1 Fowler (C) 17.86m; B 1 McIntyre (C) 9.70m; **Javelin:** A 1 Fowler (C) 17.96m, 2 Love (K) 8.51m; **4 x 100m Relay:** 1 Corby AC (MacFarlane/Fowler/McIntyre/Wymant) 55.1.

Under-13 Girls

75m: A 1 Ella Brahmatchari (C) 11.3, 2 Evie Horsley (K) 11.9; B 1 Molly Magee (C) 12.6, 2 Daisy Elmore (K) 12.8; **150m:** A 1 Horsley (K) 23.7, 2 Sophia Martin (C) 23.7; B 1 Magee (C) 24.6; **800m:** A 2 Lorna Milne (K) 3.16.1; **1200m:** A 1 Ellie Welch (C) 4.09.0; B 1 Helena Keenan (C) 4.14.9; **70m Hurdles:** A 1 Welch (C) 15.6; B 1 Keenan (C) 16.7; **High Jump:** A 1 Daisy Gilbert (K) 1.25m; B 1 Jemma Rees (K) 1.10m; **Long Jump:** A 1 Brahmatchari (C) 3.73m, 2 Elmore (K) 3.47m; B 1 Gilbert (K) 3.14m, 2 Magee (C) 3.13m; **Shot Putt:** A 1 Gilbert (K) 6.04m, 2 Keenan (C) 5.03m; B 1 Elmore (K) 4.86m, 2 Welch (C) 4.71m; **4 x 100m Relay:** 1 Corby AC (Brahmatchari/Magee/Keenan/Welch) 63.2.

Overall Result

1 Corby AC 288.5, 2 Kettering Town Harriers 165.5, 3 Sutton in Ashfield 118, 4 Owls 81.