

Corby AC Club Championships

Meetings 1 and 2 25th/27th August 2009

Despite the windy conditions there were some fine performances in the first part of the Corby AC Club Championships.

Jason Wong looked impressive when he clocked 26.6 to win the Under-13 Boys 200m while in the same age group Matthew Wymant enjoyed a javelin victory.

In the corresponding girls' section Ellie Welch won four events with the most exciting being the 600m where she just edged out Helena Keenan (1.50.0) and Georgia Bevins (1.50.6) to win in a time of 1.49.7. The same three dominated the 1500m with Welch winning in 5.22.6 and Bevins (5.34.4) just squeezing out Keenan (5.35.0) to take the silver.



Fraser Dalby and Ruby Goodall both performed well in the Under-11 section with Dalby's best effort coming in the 600m. Goodall also ran well over 600m – one of the five titles that she won with her only defeat coming when Ella Grogan beat her in the 200m.

Beth Smyton produced some fine front running performances to take a middle distance double in the Under-15 Girls' section. She won the 600m in a fast 1.39.6 while in the 1500m she clocked 5.09.3 with Abigail Morrow-Harris (5.15.1) running well for second place.

Emma MacFarlane, with 1.47m in the high jump and Lucy Hatton, with a clocking of 11.9 over the 75m hurdles, also did well in the same age group.

In the corresponding boys' section multi-eventer Scott Kendall dominated with his best event being the javelin where he threw 47.14m. He also ran well over 200m – winning in 24.5 from Jasper Larken (24.8). However, Larken did win the 1500m from the much improved Sam Furey.

Gary Wong just edged out Ross Davies by one tenth of a second to take the 200m in 24.2 while Callum Logan performed well over 600m and 1500m. On the field Sam Baker won both the high jump and javelin.

Ally Fowler won four titles in the Under-20 Men's section with his 600m run of 1.25.2 when finishing ahead of Seb Goodall (1.27.8) and Simon Franklin (1.28.4) being worthy of note.

Under-11 Girls

200m: 1 E Grogan 32.3, 2 R Goodall 33.4, 3 D Parv 34.6, 4 E-M Hathaway 35.2; **600m:** 1 R Goodall 2.04.7, 2 E-M Hathaway 2.16.2, 3 D Parv 2.20.2; **1500m:** 1 R Goodall 5.59.7, 2 E-M Hathaway 6.19.3; **70m Hurdles:** 1 R Goodall 16.7; **High Jump:** 1 R Goodall 1.05m, 2 E Martin 0.85m, 3 E-M Hathaway 0.80m; **Javelin:** 1 R Goodall 8.19m, 2 E-M Hathaway 7.64m, 3 E Martin 6.46m.

Under-11 Boys

200m: 1 F Dalby 30.5, 2 T Ward 31.6, 3 R Dunne 34.0, 4 H Freeman 34.4; **600m:** 1 F Dalby 1.58.9, 2 R Dunne 2.10.8, 3 D Mair 2.11.8, 4 H Freeman 2.14.0; **1500m:** 1 M Bishop 5.54.6, 2 R Dunne 6.00.3, 3 D Mair 6.03.7; **70m**

Hurdles: 1 L Martin 15.6, 2 R Dunne 17.1; **High Jump:** 1 R Dunne 1.05m, 2 L Martin 1.05m, 3 C Severn 0.95m; **Javelin:** 1 F Dalby 21.17m, 2 R Dunne 17.83m, 3 D Mair 12.98m.

Under-13 Girls

200m: 1 E Welch 30.9, 2 E Brahmachari 31.4, 3 S Wilks 31.8, 4 M Hunter-Powell 32.1, 5 I Parv 33.2, 6 B Morrow-Harris 33.6, 7 C Gregg 33.7, 8 M Magee 34.5; **600m:** 1 E Welch 1.49.7, 2 H Keenan 1.50.0, 3 G Bevins 1.50.6, 4 B Morrow-Harris 1.59.9, 5 H Bevins 2.00.1, 6 M Hunter-Powell 2.00.4; **1500m:** 1 E Welch 5.22.6, 2 G Bevins 5.34.4, 3 H Keenan 5.35.0, 4 H Bevins 5.43.5, 5 B Morrow-Harris 5.59.7, 6 C Iliff 6.06.2, 7 P Canellan 6.31.0; **70m Hurdles:** 1 E Welch 16.1, 2 S Martin 16.4, 3 H Keenan 20.8; **High Jump:** 1 S Martin 1.05m, 2 E Welch 1.00m; **Javelin:** 1 B Morrow-Harris 9.80m, 2 E Welch 9.32m, 3 M Magee 7.99m, 4 S Martin 7.20m.

Under-13 Boys

200m: 1 J Wong 26.6, 2 L Conyard 32.4, 3 A Crosby 32.9, 4 E Parv 33.3, 5 O Lawrence 34.6, 6 J Boyd 35.4, 7 B Claypole 40.7, 8 A McArthur 45.0; **600m:** 1 L Conyard 2.11.4, 2 O Lawrence 2.19.1, 3 B Claypole 2.24.8, 4 J Boyd 2.26.5; **1500m:** 1 B Claypole 7.37.2; **75m Hurdles:** 1 A Crosby 17.6; **High Jump:** 1 J Boyd 1.15m; **Javelin:** 1 M Wymant 18.26m, 2 J Boyd 16.01m, 3 A McArthur 8.58m.

Under-15 Girls

200m: 1 E MacFarlane 28.3, 2 R Wymant 28.9, 3 A Morrow-Harris 30.6, 4 F Lauden 31.0, 5 G Sharpe 31.5, 6 L Parv 31.7; **600m:** 1 B Smyton 1.39.6, 2 E MacFarlane 1.45.7, 3 C Bangay 1.49.6, 4 A Morrow-Harris 1.51.8, 5 R Wymant 1.55.0, 6 L Parv 2.03.0, 7 G Sharpe 2.09.1; **1500m:** 1 B Smyton 5.09.3, 2 A Morrow-Harris 5.15.1, 3 C Bangay 5.18.4, 4 E MacFarlane 5.48.1, 5 L Parv 6.18.9, 6 G Sharpe 6.24.0; **75m Hurdles:** 1 L Hatton 11.9, 2 E MacFarlane 13.1; **High Jump:** 1 E MacFarlane 1.47m, 2 A Morrow-Harris 1.25m; **Javelin:** 1 L Hatton 22.83m, 2 E MacFarlane 18.69m, 3 R Wymant 14.86m.

Under-15 Boys

200m: 1 S Kendall 24.5, 2 J Larken 24.8, 3 R Conyard 30.9, 4 F Kelly 32.2; **600m:** 1 J Larken 1.36.4, 2 S Furey 1.49.4, 3 R Conyard 1.54.3; **1500m:** 1 J Larken 5.01.3, 2 S Furey 5.09.1; **80m Hurdles:** 1 S Kendall 13.6; **High Jump:** 1 S Kendall 1.45m, 2 F Kelly 1.20m, 3 J Larken 1.20m; **Javelin:** 1 S Kendall 47.14m, 2 J Larken 22.79m, 3 F Kelly 18.46m, 4 S Furey 15.62m.

Under-17 Women

1500m: 1 C Cotter 5.18.9.

Under-17 Men

200m: 1 G Wong 24.2, 2 R Davies 24.3, 3 D Kirby 26.0; **600m:** 1 C Logan 1.32.6, 2 R Davies 1.34.7, 3 P Wilson 1.52.0; **1500m:** 1 C Logan 4.58.3, 2 P Wilson 5.16.3; **High Jump:** 1 S Baker 1.55m; **Javelin:** 1 S Baker 34.27m.

Under-20 Women

600m: 1 M Roche 1.56.3; **Javelin:** 1 L Boyd 29.13m, 2 G O'Carroll 21.93m.

Under-20 Men

200m: 1 A Fowler 24.3, 2 S Goodall 24.5, 3 S Franklin 25.9; **600m:** 1 A Fowler 1.25.2, 2 S Goodall 1.27.8, 3 S Franklin 1.28.4, 4 S Broom 1.35.2;

1500m: 1 A Fowler 4.22.7, 2 S Goodall 4.25.2, 3 S Broom 4.41.5; **High Jump:** 1 A Fowler 1.45m, 2 S Broom 1.45m.

Senior Women

200m: 1 K Barry 26.7.

Senior Men

1500m: 1 L Montgomery 4.43.4, 2 R Pangbourne 5.49.8.

Veteran Women

1500m: 1 Y Scarrott 5.23.3, 2 M Mulholland 5.39.2, 3 T Pike 5.57.0; **Javelin:** 1 J Hodson 17.71m.