

Corby 5
27th May 2009

Gordon Lee smashed the course record with a crushing win in the Corby 5 mile race which was the fourth race in the East Midlands Grand Prix series. The Harborough-based runner competing for Leicester, dominated the event with a superb front running effort which brought him home nearly 200m ahead of the overall series leader and last year's winner, Ashley Sabin of Notts AC (26.06). He covered the tough, hilly course, which finished in East Carlton Park, in 25.29 to slice 34 seconds from Sabin's record of last year. Highgate Harrier Ryan McKinlay repeated his third place of 12 months ago in a time of 26.31.

Former Kettering Town Harrier Damien Carr, who now competes for Coventry Godiva Harriers, turned in a fine run to finish top county runner. He clocked 26.36 for fourth place while another county runner, Job King, who also competes for Godiva, was sixth in 27.10.

Wellingborough & District AC's Neil Barnett highlighted his improved form when advancing seven places from last year and clocking nearly a minute and a half faster to finish ninth in 27.38 while also showing the same kind of improvement was Danny Keating of the host club Corby AC who recorded 28.08 for 11th position.

Rugby & Northampton AC's Terry Egan, after a year out of competing, came third in the Veteran-45 section while others in good form in the veteran stakes were Jeff Haynes (Silson Joggers) and Harborough AC's Richard Bufton who were first and third respectively in the Veteran-50 section, Daventry Road Runner Keith Moreman and Kettering Town Harrier Dave Hanwell, who occupied the top two places in the Veteran-60s, Northampton Road Runner Mick Clarke, who topped the Veteran-65 category and Walgrave's Bob Emmerson, who ran 43.21 to take the top spot in the Veteran-70 age group. Huncote Harrier Nicki Nealon repeated her win of last year to come home top female in a time of 30.05, finishing ahead of Coventry's Frances Briscoe (30.37) with Nuneaton's Eleanor Greenfield third in 31.35.

Top county finisher was Spratton's Angela Copson (R&N) who was an excellent sixth in 32.30 – easily the top Veteran-60 while Harborough's Hannah Eveleigh was seventh in 32.44 and second Veteran-35

Also performing well was Corby's Mairead Rocke, who came eighth in 32.55 to clinch the top Under-20 prize and her club colleague Hayley Veasey who was 13th overall and third Veteran-35 in 35.30.

Other veterans to win their respective age groups were the R&N pair of Linda Carter (Veteran-55) and Pat Francis (Veteran-65).

Male

1 G Lee (Leicester Coritanians) 25.29, 2 A Sabin (Notts AC) 26.06, 3 R McKinlay (Highgate Harriers) 26.31, 9 N Barnett (Wellingborough & District AC) 27.38, 11 D Keating (Corby AC) 28.08, 19 T Toseland (Kettering Town Harriers) 28.46, 21 W Clapp (Harborough AC) 28.57, 24 N Humphreys (C) 29.04, 27 T Egan (Rugby & Northampton AC) 29.17, 28 R Lack (Wootton Road Runners) 29.23, 30 J Darcy (Silson Joggers) 29.31, 31 J Pitcher (H) 29.36, 33 B Moen (R&N) 29.59, 34 J Sewell (R&N) 30.03, 36 J Haynes (SJ) 30.08, 38 L Boden (H) 30.29, 40 M Clarke (Daventry AC) 30.33, 43 D James

(R&N) 30.40, 44 B Malia (Northampton Road Runners) 30.42, 45 B Summers (R&N) 30.45, 48 R Fowler (WRR) 30.53, 49 K Reboul (SJ) 30.55, 50 C Howard (WRR) 30.55, 51 S Goodall (C) 30.57, 54 J Kemp (W&D) 31.13, 56 R Bufton (H) 31.25, 59 J Tanton (Daventry Road Runners) 31.29, 60 J Lambert (W&D) 31.31, 62 N Sewell (R&N) 31.37, 64 S Costall (H) 31.43, 65 A Brookstein (H) 31.44, 69 J Eames (C) 32.01, 70 K Moreman (DRR) 32.03, 74 J Saw (R&N) 32.23, 75 S Tootell (WRR) 32.32, 76 G Hollowell (WRR) 32.35, 77 A Taylor (SJ) 32.38, 83 M Spencer (SJ) 33.20, 84 A Clawson (KTH) 33.22, 85 P Chandley (Team East Haddon) 33.29, 86 S Edge (H) 33.42, 87 D Clarke (DRR) 33.46, 88 A Hoare (SJ) 33.48, 89 R Ambrose (NRR) 33.49, 91 T Keech (Human Energy) 33.58, 92 N Willsher (R&N) 34.00, 93 R Brown (H) 34.03, 94 P Burrows (R&N) 34.03, 96 M Goddard (WRR) 34.05, 97 N Turner-Henke (H) 34.09, 98 D Hanwell (KTH) 34.12, 99 A White (R&N) 34.15, 103 A Griffiths (W&D) 34.33, 104 D Fearn (R&N) 34.37, 105 P Marlow (KTH) 34.42, 106 A Hawkes (C) 34.44, 109 O Craughan (WRR) 35.01, 110 A Lowde (DRR) 35.02, 116 S Atkinson (WRR) 35.23, 117 K Lowde (DRR) 35.25, 119 R Bland (C) 35.32, 120 A Kirk (SJ) 35.32, 125 P Diamond (WRR) 35.41, 127 D Coleman (W&D) 36.01, 128 M Gummer (C) 36.03, 129 J Love (R&N) 36.09, 131 M Hughes (H) 36.13, 133 P Young (KTH) 36.20, 137 C Lambert (W&D) 36.28, 142 M Nicholls (SJ) 36.33, 144 D Rushby (H) 36.46, 147 M Bland (C) 37.02, 148 A Starcevic (WRR) 37.12, 149 A Gabbitas (R&N) 37.16, 151 T Swindells (WRR) 37.24, 155 S Young (WRR) 37.32, 158 W Marsh (SJ) 37.52, 159 L Rolfe (W&D) 37.54, 160 I Rogers (WRR) 37.55, 161 G King (C) 37.56, 163 D Jarrett (SJ) 37.58, 166 J Webb (WRR) 38.04, 169 G Cortese (TEH) 38.42, 170 C Harris (W&D) 38.44, 171 M Galloway (C) 38.51, 172 R Taylor (SJ) 38.55, 176 S Chopra (WRR) 39.33, 179 A Cooke (HE) 40.05, 180 J Horsley (R&N) 40.15, 181 S Moffat (SJ) 40.26, 184 M Clarke (NRR) 40.37, 186 T Sullivan (NRR) 41.13, 189 M Dowdy (WRR) 41.43, 191 R Donovan (NRR) 42.16, 192 K Krasnikov (C) 42.27, 195 T Hulett (SJ) 42.33, 196 C Bricher (NRR) 42.34, 200 A Lock (SJ) 42.55, 201 G Dent (WRR) 43.07, 202 M McNulty (R&N) 43.14, 205 B Goadsby (DRR) 43.24, 214 J Stedman (C) 45.50, 215 S Adams (W&D) 46.52, 218 P Breydin (NRR) 48.19.

Female

1 N Nealon (Huncote Harriers) 30.05, 2 F Brisce (Coventry Godiva Harriers) 30.37, 3 E Greenfield (Nuneaton Harriers) 31.35, 6 A Copson (R&N) 32.30, 7 H Eveleigh (H) 32.44, 8 M Rocke (C) 32.55, 12 S Bell (WRR) 35.28, 13 H Veasey (C) 35.30, 14 Z Thornburgh (WRR) 35.38, 15 H Cooke (SJ) 35.39, 20 F Light (R&N) 37.04, 22 A Sherwood (WRR) 37.22, 23 Z Hemsley (WRR) 37.32, 25 L Kemp (W&D) 37.45, 26 M Mulholland (C) 37.51, 28 J Edge (H) 38.16, 29 L Carter (R&N) 38.21, 30 T Latinovics (C) 38.35, 31 D Galletta (KTH) 38.48, 32 S Woolley (WRR) 38.53, 34 T Mason (WRR) 39.12, 35 B Parkinson (R&N) 39.24, 40 R Hughes (W&D) 40.08, 41 D Rogers (WRR) 40.36, 42 M Moutrie (SJ) 40.37, 43 T Tierney (C) 41.03, 45 J Smith (NRR) 41.33, 46 E Clawson (KTH) 41.41, 47 L Burton (W&D) 41.46, 48 J Smith (C) 41.47, 49 J Partridge (R&N) 41.51, 51 A Marlow (KTH) 42.22, 54 M Kingsnorth (NRR) 42.46, 55 H Watson (WRR) 42.59, 57 L Brooks (H) 43.41, 58 A Woodward (WRR) 43.43, 59 K Leach (TEH) 44.12, 60 L Keet-Marsh (WRR) 44.24, 61 M Fryatt (WRR) 44.31, 62 T Childs (KTH) 44.43, 64 T Craker (C) 45.28, 65 G Tresler (R&N) 45.46, 66 S Hewitt (W&D) 46.21, 67 D

Holloway (W&D) 46.28, 68 E Gibbons (C) 46.34, 70 A Chambers (C) 46.45, 71 L Walker (C) 47.35, 72 R Moffat (SJ) 48.00, 74 K Sharkey (C) 48.07, 75 A Allen (W&D) 48.14, 76 C Knight (C) 48.50, 77 Y Barber (H) 49.02, 78 J Swindells (WRR) 49.04, 79 M Dennis (WRR) 49.13, 80 K Karen (C) 49.27, 82 D Clasper (H) 49.40, 84 L Hummel (DRR) 51.00, 85 L Elliott (R&N) 51.37, 86 D Harley (C) 51.46, 89 P Francis (R&N) 53.10, 90 R Pope (H) 54.38, 91 M Burcham (C) 55.58, 92 S McGrory (C) 58.59.