

Kettering Town Harriers Open Meeting
17th August 2008

The first open meeting staged by Kettering Town Harriers for several years attracted a good entry with the host club's Andy Barber running a fine Senior Men's 400m. He clocked 50.5 to defeat his club colleague Ashley McClintock, who ran well to record 51.9. McClintock also looked good when winning the 200m in 23.3.

Also in good form for the Harriers were Alex Brooks (11.5) and Yannick Phippen (11.9), who won their respective Under-20 and Under-17 100m races.

On the women's side Corby AC's Bethany Smyton clocked a fine 5.13.4 to take the Under-15 Girls 1500m while for the Harriers Alice Chapman secured an excellent sprint double with times of 13.3 (100m) and 26.8 (200m) when she finished ahead of club colleague Niamh Bailey, who also cleared 1.40m to win the high jump.

Alex Keyworth of Kettering recorded good wins in the Under-17 100m and 200m while Gemma Elliott did likewise in the Senior age group.

Rachel Backhouse of Corby AC threw a solid 39.57m in the discus while her Corby colleague Emma MacFarlane looked impressive when winning the Under-13 200m, in a new club record, and also the high jump.