

Cornerstone East Carlton 5 14th September 2008



In the fourth running of the Cornerstone East Carlton 5 mile road race both Neil Barnett and Danny Keating had to battle it out for the runner-up spot behind the impressive victor Philip Critchlow of Beaumont Leys.



Barnett, who runs for Wellingborough & District AC, eventually came out on top as he raced home in 28.54 to finish 14 seconds ahead of Keating, a veteran-40 who competes for the host club, Corby AC.

Critchlow led from gun to tape to clock the second fastest time ever on the course as he crossed the finish line in 26.58.

Rugby & Northampton AC's Vince Carroll took fourth in 30.50 while Guy Manhman of Wellingborough School was one place behind in a time of 32.14 which gave him top Junior Man ahead of Corby's Simon Franklin (eighth in 33.05).

Harborough AC's Rick Brown was top veteran-55 in 33.49 while others leading the way in their veteran categories were Neil Glover (R&N), who ran 34.17 to finish ahead of Corby's Ian Robb (35.03) in the veteran-50s, John Thomas (Corby), who took the veteran-60 award in 35.29 and Alan Mills (Wellingborough & District AC), whose effort of 46.27 gave him top spot in the veteran-65 section.

Karen Brooks, who was a spectator last year due to injury, repeated her runner-up place of two years ago when finishing behind Rutland's Zoe Smith. The Harborough runner, who has shown consistent form recently, easily ran her fastest time on the course when she came home in 34.47 to also finish first veteran-45. Smith's time of 33.51 saw her finish a slender four seconds outside Karen Harewood's course record.

Hannah Jones (R&N) was next to finish in 36.27 while one place and two seconds behind Corby's Trudi Pike lifted the top prize in the veteran-35 bracket and continued her sequence of going faster every year since the race began in 2005.

Claire Goodall (37.53) and Timea Latinovics (38.17) secured the top two places for Corby in the veteran- 40 category while taking top honours in the veteran-45s was Elaine O'Sullivan (W&D) with her time of 38.52.