

Club Championships 2007

The Corby AC Club Championships which were held over four days produced some excellent performances with the best coming from Under-17 Harry Hollis.

The AAA javelin champion unleashed a superb 63.21m to rank third on the British list for the season. He also performed well to win both the shot and discus.

In the same age group Rory MacGregor logged a fine sprint double while Simon Franklin and Ally Fowler's rivalry continued in the middle distance events. Fowler edged out Franklin by one tenth of a second to take the 800m in a new best of 2.02.2 and also defeated him over 3000m but had to settle for the runner-up spot when Franklin took the 1500m.

Bethany Smyton was also in superb form with four wins, firstly over 800m, then with a new best of 5.15.5 in the 1500m, a fantastic best of 1.44.5 over 600m to rank fifth nationally, and a personal best debut over 3000m of 11.34.2.

In the same Under-13 Girls' age group Lucy Hatton recorded fine wins in the 100m, 200m, 70m hurdles, long jump, shot putt and javelin and in the corresponding Boys' age group Scott Kendall also picked up several titles with victories in the 100m, 200m, 300m, 800m, shot putt, pole vault and javelin.

Gabby Bangay smashed her lifetime best to take the Under-15 75m hurdles in 11.8 from Charlotte Bowling, who also ran her fastest ever time with 12.0. Bowling also showed fine form when taking the 800m after a close battle with Charlotte Cotter and also won the 100m, 200m and 300m in a new best of 43.7.

Cotter set new figures when clocking 5.17.4 over 1500m and 11.30.4 in the 3000m.

English Schools silver medallist Rachel Tyler threw 29.92m to win the discus while Rachel Richardson with 25.43m took the javelin.

In the Under-17 ladies section Mairead Rocke smashed both her best for 1500m, when she clocked 4.57.6 and the 3000m when she returned a time of 10.27.1.

Part 1

Under-11 Girls

800m: 1 Bryony Morrow Harris 3.02.3, 2 Isabel Chedd 3.16.3.

Under-11 Boys

800m: 1 Matthew Paul 2.54.4, 2 Gordon Taylor 3.09.7, 3 Josh Mould 3.13.1, 4 Jake Moynagh 3.15.9; High Jump: 1 Matthew Paul 1.20m, 2 Josh Gleusmark 1.10m.

Under-13 Girls

800m: 1 Beth Smyton 2.30.2, 2 Celine Bangay 2.41.8, 3 Rebecca Wymant 2.48.0, 4 Emma MacFarlane 2.49.0, 5 Abigail Morrow Harris 2.51.5, 6 Lucy Hatton 2.52.5; 70m hurdles: 1 Lucy Hatton 12.8, 2 Rebecca Wymant 15.0, 3 Courtney Bancroft Morris 15.2, 4 Emma Cassie 18.5; Javelin: 1 Lucy Hatton 23.59m, 2 Rebecca Wymant 14.15m, 3 Katie Fowler 11.60m, 4 Emma MacFarlane 9.42m, 5 Celine Bangay 9.35m, 6 Emma Cassie 8.84m.

Under-13 Boys

800m: 1 Scott Kendall 2.42.8, 2 Dean Goodall 2.57.8, 3 Sam Furey 3.07.7, 4 Rob McCrone 3.15.7; 75m hurdles: 1 Dean Goodall 13.7, 2 Freddie Cracknell 16.1, 3 Sam Furey 17.9; High Jump: 1 Freddie Cracknell 1.33m, 2 Scott Kendall 1.20m.

Under-15 Girls

800m: 1 Charlotte Bowling 2.34.7, 2 Charlotte Cotter 2.35.0; 75m hurdles: 1 Gabby Bangay 11.8, 2 Charlotte Bowling 12.0; Javelin: 1 Rachel Richardson 25.43m, 2 Gabby Bangay 19.04m, 3 Charlotte Bowling 18.23m.

Under-15 Boys

800m: 1 Nathan Graham 2.27.6, 2 Shaun King 3.09.7; 80m hurdles: 1 Sam Baker 15.2.

Under-17 Ladies

800m: 1 Teresa Leese 2.36.0, 2 Charlotte Keatings 2.40.6; 80m hurdles: 1 Alex Williams 13.2; Javelin: 1 Alex Williams 26.27m, 2 Vicky Copperthwaite 13.83m.

Under-17 Men

800m: 1 Ally Fowler 2.02.2, 2 Simon Franklin 2.02.3, 3 Seb Goodall 2.11.3, 4 Stephen Broom 2.24.1; High Jump: 1 Jack McShane 1.80m, 2 Harry Hollis 1.60m.

Under-20 Ladies

800m: Mairead Rocke 2.32.9; Javelin: 1 Katy-Louise Payne 28.38m.

Under-20 Men

800m: 1 Adam Hartley 2.14.4.

Senior Ladies

800m: Lorraine Kent 3.06.7, 2 Tracy Craker 3.26.1.

Senior Men

High Jump: 1 Pete Straiton 1.70m.

Veteran Ladies

800m: 1 Timea Latinovics 2.33.3, 2 Elizabeth Rocke 3.00.6, 3 Trudi Pike 3.07.7.

Part 2

Under-11 Girls

100m: 1 Helena Keelan 16.3, 2 Georgia Bevins 16.7, 3 Anya Rodrigues 16.7, 4 Holly Bevins 16.8, 5 Isabel Chedd 16.9, 6 Bryony Morrow Harris 17.0, 7 Abbie Smyth 19.5; 1500m: 1 Holly Bevins 6.10.4, 2 Georgia Bevins 6.16.3, 3 Helena Keelan 6.29.3.

Under-11 Boys

100m: 1 Matthew Paul 15.6, 2 Jake Moynagh 16.4, 3 Alex Cotter 16.7, 4 Daniel Wilson 18.4, 5 Josh Mould 18.5, 6 Matthew Wymant 18.7; Javelin: 1 Matthew Wymant 13.57m, 2 Jake Moynagh 12.19m, 3 Matthew Paul 9.39m.

Under-13 Girls

100m: 1 Lucy Hatton 14.4, 2 Becky Finlay 14.7, 3 Katie Fowler 14.8, 4 Rebecca Wymant 14.9, 5 Hannah Singh 15.1, 6 Courtney Bancroft Morris 15.3, 7 Emma MacFarlane 15.8, 8 Abigail Morrow Harris 16.6, 9 Emma Cassie 16.6; 1500m: 1 Beth Smyton 5.15.5, 2 Abigail Morrow Harris 5.50.8, 3 Celine Bangay 5.54.5, 4 Emma MacFarlane 6.00.8, 5 Rebecca Wymant 6.06.5; High Jump: 1 Emma MacFarlane 1.33m, 2 Lucy Hatton 1.28m, 3 Rebecca Wymant 1.20m, 4 Katie Fowler 1.10m, 5 Emma Cassie 0.90m.

Under-13 Boys

100m: 1 Scott Kendall 14.2, 2 Jasper Larken 14.6, 3 Freddie Cracknell 15.8, 4 Kyle Bowling 16.1, 5 Sam Furey 16.5, 6 Richard Taylor 16.7, 7 Julian Newman 21.4; 1500m: 1 Sam Furey 6.04.4; Javelin: 1 Scott Kendall 34.69m, 2 Kyle Bowling 24.28m, 3 Freddie Cracknell 11.64m, 4 Sam Furey 11.05m.

Under-15 Girls

100m: 1 Charlotte Bowling 13.1, 2 Gabby Bangay 13.5, 3 Lottie Rand 14.2, 4 Chelsea MacFarlane 15.4; 1500m: 1 Charlotte Cotter 5.17.4; High Jump: 1 Charlotte Bowling 1.46m, 2 Gabby Bangay 1.35m.

Under-15 Boys

100m: 1 Nathan Graham 12.4, 2 Ross Davis 13.1, 3 Jason Underwood 14.8, 4 Sam Baker 15.2; 1500m: 1 Nathan Graham 5.10.0, 2 Ross Davis 5.31.2, 3 Jason Underwood 5.33.2; Javelin: 1 Sam Baker 25.37m, 2 Shaun King 11.54m.

Under-17 Ladies

100m: 1 Alex Williams 13.7, 2 Alex McKeown 13.9, 3 Vicky Copperthwaite 14.2; High Jump: 1 Alex Williams 1.46m, 2 Vicky Copperthwaite 1.30m.

Under-17 Men

100m: 1 Rory McGregor 12.1, 2 Harry Hollis 12.5, 3 Jack McShane 12.6; 1500m: 1 Simon Franklin 4.20.7, 2 Ally Fowler 4.23.0, 3 Seb Goodall 4.46.6, 4 Stephen Broom 4.52.4; Javelin: 1 Harry Hollis 63.21m, 2 Ollie Webb 42.34m.

Under-20 Ladies

100m: 1 Katy-Louise Payne 14.3; 1500m: 1 Mairead Rocke 4.57.6; High Jump: 1 Katy-Louise Payne 1.49m.

Under-20 Men

1500m: 1 Adam Hartley 4.37.2.

Senior Ladies

1500m: 1 Lorraine Kent 6.02.6, 2 Tracy Craker 7.02.1.

Senior Men

100m: 1 Paul Webster 11.7, 2 Pete Straiton 12.2; 1500m: 1 Pete Straiton 4.20.1.

Veteran Ladies

100m: 1 Trudi Pike 18.8; 1500m: 1 Elizabeth Rocke 6.00.2, 2 Cathy Oram 6.06.3, 3 Trudi Pike 6.10.9.

Part 3

Under-11 Girls

300m: 1 Helena Keelan 54.3, 2 Georgia Bevins 54.4, 3 Bryony Morrow Harris 55.3, 4 Isabel Chedd 55.9, 5 Holly Bevins 55.9;
600m: 1 Holly Bevins 2.07.8, 2 Georgia Bevins 2.09.3, 3 Helena Keelan 2.10.2, 4 Isabel Chedd 2.21.0.

Under-11 Boys

300m: 1 Jake Moynagh 55.0, 2 Gordon Taylor 57.6, 3 Josh Mould 60.6, 4 Daniel Wilson 69.5; 600m: 1 Matthew Paul 2.03.3; Long Jump: 1 Matthew Paul 3.93m, 2 Jake Moynagh 3.23m.

Under-13 Girls

300m: 1 Celine Bangay 47.8, 2 Rebecca Wymant 48.4, 3 Katie Fowler 49.1, 4 Emma McFarlane 51.0, 5 Abigail Morrow Harris 52.4, 6 Courtney Bancroft Morris 52.8; 600m: 1 Beth Smyton 1.44.5, 2 Celine Bangay 1.55.6, 3 Rebecca Wymant 1.58.5, 4 Emma MacFarlane 1.59.4, 5 Abigail Morrow Harris 2.01.1; Discus: 1 Rebecca Wymant 13.73m, 2 Katie Fowler 13.47m, 3 Celine Bangay 12.48m; Shot Putt 1 Lucy Hatton 7.57m, 2 Emma Cassie 5.92m, 3 Rebecca Wymant 5.76m, 4 Katie Fowler 5.50m, 5 Celine Bangay 5.19m, 6 Emma MacFarlane 4.10m.

Under-13 Boys

300m: 1 Scott Kendall 45.8, 2 Jasper Larken 53.9, 3 Sam Furey 56.3, 4 Rob McCrone 65.6; 600m: 1 Scott Kendall 1.52.9, 2 Freddie Cracknell 1.57.4, 3 Sam Furey 2.15.8; Long Jump: 1 Scott Kendall 4.43m, 2 Freddie Cracknell 4.00m, 3 Matthew Taylor 3.69m, 4 Sam Furey 3.15m, 5 Julian Newman 2.91m.

Under-15 Girls

300m: 1 Charlotte Bowling 43.7, 2 Charlotte Cotter 47.8; 600m: 1 Charlotte Bowling 1.49.0, 2 Charlotte Cotter 1.52.3; Discus: 1 Rachel Tyler 29.92m, 2 Gabby Bangay 16.72m; Shot Putt: 1 Gabby Bangay 9.14m, 2 Charlotte Bowling 7.51m, 3 Chelsea MacFarlane 5.55m.

Under-15 Boys

300m: 1 Jason Underwood 47.2, 2 Callum Logan 48.8, 3 Harry Morris 55.8; 400m: 1 Nathan Graham 57.1; 600m: 1 Nathan Graham 1.36.7, 2 Callum Logan 1.54.8; Long Jump: 1 David Belford 4.37m, 2 Sam Baker 4.11m, 3 Callum Logan 3.90m, 4

Sean King 3.66m, 5 Jason Underwood 3.43m, 6 Harry Morris 3.40m.

Under-17 Ladies

300m: 1 Alex Williams 44.0, 2 Charlotte Fox 47.7, 3 Vicky Copperthwaite 47.9, 4 Teresa Leese 48.2, 5 Charlotte Keatings 51.1; Discus: 1 Elycia Metaxas-Belt 36.41m, 2 Alex Williams 17.40m, 3 Lauren Boyd 17.04m; Shot Putt: 1 Lauren Boyd 10.00m, 2 Alex Williams 8.98m, 3 Vicky Copperthwaite 6.66m, 4 Charlotte Fox 5.56m.

Under-17 Men

400m: 1 Ally Fowler 55.1, 2 Stephen Broom 62.7; 600m: 1 Ally Fowler 1.28.6.

Under-20 Ladies

Discus: 1 Rachel Backhouse 41.74m; Shot Putt: 1 Katy-Louise Payne 9.14m.

Under-20 Men

400m: 1 Sean Taylor 51.1, 2 Angus Wilson 58.8, 3 Adam Hartley 59.3; 600m: 1 Adam Hartley 1.37.3.

Senior Ladies

400m: 1 Lorraine Kent 1.21.3, 2 Tracy Craker 1.24.9; 600m: 1 Lorraine Kent 2.11.3, 2 Tracy Craker 2.29.6.

Part 4

Under-11 Girls

Long Jump: 1 Anna Rodriguez 3.49m, 2 Abbie Smyth 2.56m.

Under-11 Boys

200m: 1 Matthew Paul 31.9, 2 Alex Cotter 35.9, 3 Jake Moynagh 39.7, 4

Daniel Wilson 40.2; Discus: 1 Matthew Paul 13.07m, 2 Jake Moynagh 12.05m, 3 Matthew Wymant 11.69m; Shot Putt: 1 Matthew Paul 5.56m, 2 Matthew Wymant 3.63m, 3 Jake Moynagh 3.51m.

Under-13 Girls

200m: 1 Lucy Hatton 30.0, 2 Rebecca Wymant 30.8, 3 Katie Fowler 31.1, 4 Emma MacFarlane 31.6, 5 Hannah Singh 31.9, 6

Courtney Bancroft Morris 32.2; 3000m: 1 Beth Smyton 11.34.2, 2 Celine Bangay 11.56.6, 3 Abigail Morrow Harris 12.20.2, 4 Rebecca Wymant 13.35.7; Long Jump: 1 Lucy Hatton 4.07m, 2 Celine Bangay 4.02m, 3 Emma MacFarlane 3.63m, 4 Rebecca Wymant 3.54m, 5 Katie Fowler 3.43m, 6 Abigail Morrow Harris 3.25m, 7 Courtney Bancroft Morris 2.94m, 8 Emma Cassie 2.88m.

Under-13 Boys

200m: 1 Scott Kendall 29.0, 2 Jasper Larken 30.0, 3 Matthew Taylor 30.4, 4 Sam Furey 34.5; 3000m: 1 Sam Furey 13.01.0, 2 Rob McCrone 13.53.4; Discus: 1 Kyle Bowling 19.48m, 2 Liam Fahy 18.85m, 3 Scott Kendall 17.38m, 4 Julian Newman 9.41m, 5 Jordan Funnel 9.39m; Shot Putt: 1 Scott Kendall 8.12m, 2 Kyle Bowling 7.83m, 3 Sam Furey 4.88m, 4 Jordan Funnel 4.51m, 5 Julian Newman 3.63m; Pole Vault: 1 Scott Kendall 2.20m.

Under-15 Girls

200m: 1 Charlotte Bowling 27.0, 2 Beth Garvie 28.1, 3 Lottie Rand 29.1, 4 Chelsea MacFarlane 31.5; 3000m: 1 Charlotte Cotter 11.30.4; Long Jump: 1 Rebecca Taylor 4.07m, 2 Beth Garvie 3.97m, 3 Chelsea MacFarlane 3.87m, 4 Rachel Richardson 3.53m.

Under-15 Boys

200m: 1 Nathan Graham 25.0, 2 Jason Underwood 31.0, 3 Harry Morris 34.6; 3000m: 1 Jason Underwood 12.06.6; Discus: 1 Sam Baker 19.71m, 2 Harry Morris 11.91m; Shot Putt: 1 Sam Baker 7.16m, 2 David Belford 6.63m, 3 Shaun King 4.49m, Pole Vault: 1 Sam Baker 2.20m.

Under-17 Ladies

200m: 1 Alex Williams 28.5, 2 Alex McKeown 28.9, 3 Vicky Copperthwaite 30.0, 4 Charlotte Fox 30.4, 5 Sarah De Kremer 32.3, 6 Sarah McKeown 39.9; 3000m: 1 Mairead Rocke 10.27.1; Long Jump: 1 Grace O'Carroll 4.37m, 2 Vicky Copperthwaite 4.28m, 3 Sarah Anne De Kremer 4.01m.

Under-17 Men

200m: 1 Rory MacGregor 24.1, 2 Matthaus Marriott 25.6; 3000m: 1 Ally Fowler 9.48.9, 2 Simon Franklin 9.59.8, 3 Seb Goodall 10.23.5, 4 Robin Bland 11.41.2; Discus: 1 Harry Hollis 33.26m, 2 Matt Gibb 29.32m; Shot Putt: 1 Harry Hollis 11.77m, 2 Matthaus Marriott 10.02m.

Junior Men

200m: 1 Sean Taylor 22.8; 3000m: 1 Adam Hartley 10.14.0.

Senior Ladies

3000m: 1 Rebecca Hall 11.28.8, 2 Lorraine Kent 12.45.8, 3 Tracy Craker 14.29.4.

Senior Men

3000m: 1 Paul Brain 12.03.9, 2 David Rafferty 12.12.6, 3 Brian Curtis 12.15.4, 4 Scott Hall 13.35.7.

Veteran Ladies

200m: 1 Trudi Pike 38.5; 3000m: 1 Elizabeth Rocke 12.57.3, 2 Trudi Pike 13.02.1, 3 Cathy Oram 13.08.5.

Veteran Men

3000m: 1 Brian Frisby 13.07.8, 2 Mark Bland 13.25.7.