

Midland Senior League 2

Corby
6th June 2010

Corby AC improved greatly from the opening fixture to finish runners-up in the second round of the Midland Senior League. In the match, which was hosted by the club at the Rockingham Triangle, they finished behind Shrewsbury to move up from bottom place to fourth at the midway stage of this campaign.

The club had three individual wins on the female side and five on the male. Clinching the club's female athlete of the match award was Rachel Backhouse who convincingly won the discus with a fine throw of 40.07m with Rachel Tyler also doing well to take the B string with 39.83m.

Lauren Boyd also came close to her best when she putted 10.57m to take the shot contest from Kidderminster's Lynette McKeown (10.22m). Backhouse won the B event and also threw 34.21m for runner-up in the hammer behind McKeown (39.63m) with Annika Wing (33.52m) securing the B event.

Karen Harewood pulled away from Worcester's Alice Wright (4.53.8) in the final 300m to win the 1500m in 4.44.7. She also anchored the 4 x 400m relay squad and despite closing on Shrewsbury with an excellent split of 55.8 Corby had to settle for second. Also in the squad that clocked a solid 4.08.7 was the Under-17 trio of Beth Smyton, Charlotte Cotter and Rebecca Wymant, who earlier in the meeting had all competed well in their individual events while Maggie Mulholland set a new best in the 3000m.

The Corby male athlete of the match was Jack McShane who competed in six events on a busy afternoon. His best performance was in the shot where he increased his best to win with 11.55m while Peter Knott also achieved a new best with 11.13m to take the B event.

Under-17 Sam Foster dominated the hammer with his throw of 44.70m being a new best with the senior implement.

On the track Sean Taylor, Ally Fowler and Luke Montgomery all won their respective events. Taylor clocked 23.1 in the 200m ahead of Stratford's Neil Hawkins (23.6) with James Richardson securing maximum points for the club with his B race success in 24.1.

Fowler just edged out Worcester's Dave Hall (1.59.2) to take the 800m in 1.58.8 while Simon Franklin (2.02.8) showed a return to form when winning the B race.

Montgomery led from start to finish to win the 3000m steeplechase in a shade outside his best. He clocked 10.46.7 and with ample support from Stephen Broom in the B race they also secured maximum points for the club.

Chris Curtis achieved a new best of 9.11.3 for runner-up in the 3000m, the position duplicated by Scott Kendall who just lost out on countback to Leamington's Glen Woodward when he cleared 2.90m in the pole vault.

The club then ended the day on a high note when the 4 x 400m relay squad of Seb Goodall, who had earlier ran well for second in the 1500m, Franklin, Fowler and Taylor clocked 3.29.6 for a convincing victory over Kidderminster (3.39.8).

Female

100m: A 5 Rebecca Wymant 14.0, B 3 Timea Latinovics 15.5 ; **200m:** A 3 Charlotte Bowling 26.6, B 1 Wymant 28.1; **400m:** A 4 Beth Smyton 64.8, B 1

Charlotte Cotter 64.3; **800m**: A 5 Cotter 2.30.8, B 4 Latinovics 2.48.6; **1500m**: A 1 Karen Harewood 4.44.7, B 2 Maggie Mulholland 5.44.0; **3000m**: A 3 Mulholland 12.01.4, B 2 Claire Goodall 12.16.4; **400m Hurdles**: A 2 Bowling 68.6, B 4 Latinovics 82.9; **High Jump**: A 4 Lauren Boyd 1.35m; **Long Jump**: A 4 Boyd 4.39m; **Shot Putt**: A 1 Boyd 10.57m, B Rachel Backhouse 9.18m; **Discus**: A 1 Backhouse 40.07m, B 1 Rachel Tyler 39.83m; **Javelin**: A 2 Boyd 28.61m, B 6 Cotter 8.91m; **Hammer**: A 2 Backhouse 34.21m, B 1 Annika Wing 33.52m; **4 x 100m Relay**: 3rd 57.4; **4 x 400m Relay**: 2nd 4.08.7.

Male

100m: A 3 Sean Taylor 11.3, B 2 James Richardson 11.9; **200m**: A 1 Taylor 23.1, B 1 Richardson 24.1; **400m**: A 5 Scott Kendall 55.9, B 3 Simon Franklin 54.3; **800m**: A 1 Ally Fowler 1.58.8, B 2 Franklin 2.02.8; **1500m**: A 2 Seb Goodall 4.17.7, B 2 Luke Montgomery 4.39.4; **3000m**: A 2 Chris Curtis 9.11.3, B 2 Stephen Broom 10.59.8; **3000m Steeplechase**: A 1 Montgomery 10.46.7, B 1 Stephen Broom 11.29.0; **High Jump**: 3 Jack McShane 1.80m, B 2 Kendall 1.70m; **Long Jump**: A 3 Lee Czornyj 5.99m, B 2 Gary Wong 5.98m; **Pole Vault**: 2 Kendall 2.90m, B 1 McShane 2.20m; **Triple Jump**: A 3 Czornyj 12.05m, B 1 McShane 11.86m; **Shot Putt**: A 1 McShane 11.55m, B 1 Peter Knott 11.13m; **Discus**: A 2 McShane 27.88m; **Hammer** 1 Sam Foster 44.70m; **Javelin** 3 McShane 44.00m; **4 x 100m Relay** 4th 46.5; **4 x 400m Relay**: 1st 3.29.6.

Overall Results

1 Shrewsbury 384.5, 2 Corby AC 359, 3 Kidderminster & Stourport 313.5, 4 Stratford upon Avon 290, 5 Leamington 288.5, 6 Worcester 260.5.