

Corby's William Sharman lifted his first title of the season when he was crowned British University champion at Birmingham's Alexander Stadium.

Sharman threw down the gauntlet to his fellow 110m hurdle rivals when, into a slight headwind, he clocked the fastest qualifying time of 14.15. In the final the Leicester University student was never in any danger as he coasted to a convincing victory in 14.24. He had a perfect following wind but the damp and cold weather cancelled out that advantage. In his wake Hull's Robert Henry took the silver in 14.63 ahead of Nick Gayle (Staffordshire) who edged Wolverhampton's Darren Lewis by one hundredth of a second to clinch the bronze.

After the race Sharman said: 'I would have liked to go faster but it's still early days and I'm well pleased with the title.'