



Lauren Boyd followed up her Scottish selection for the Celtic Games in Northern Ireland by securing two Scottish Under-17 titles.

Boyd then travelled with the squad to the international at Antrim, receiving her full international kit.

In the National Championships at Grangemouth she won the javelin contest with a throw of 29.82m to defeat Giffnock's Kristina Manson (23.36m) and her other success came when she took the shot gold with a putt of 10.11m when finishing ahead of Orkney's Claire Wilson (9.64m) and East Kilbride's Allis Clements (9.42m).

In a busy weekend she also clocked 12.91 in the heats of the 80m hurdles and leapt 4.79m for fifth in the long jump.