

**Bedford Half Marathon**  
**12/12/2010**

John Thomas turned in another fine performance when he won the over-70 section in the Bedford Half Marathon. The Corby man came home in 1.41.48 to finish ahead of Northbrook's Jack Langman (1.42.17).

Also performing well in their veteran age group for Corby was Jane Walker, who ran 1.43.43 for third in the over-55 section which was won in 1.37.15 by Mornington Chaser Avril Riddell.

Jon Kemp fronted a large contingent of Wellingborough & District AC runners when he came sixth in the over-35 veteran section. He recorded 1.21.43 to place 42<sup>nd</sup> overall in the male race in which Bedford & County filled the top two positions when Matthew Janes (1.08.06) came home ahead of Owain Matthews (1.08.58).

Also competing for Wellingborough were Nigel Jeff , 38<sup>th</sup> Vet-40 in 1.31.22, Mike Farrow, 10<sup>th</sup> Vet-50 in 1.40.07, Guy Travers, 73<sup>rd</sup> Vet-35 in 1.40.30, Andrew Priest, 58<sup>th</sup> Vet-45 in a personal best of 1.41.03, Israel Archuletta, 125<sup>th</sup> Senior Man in a personal best of 1.42.31, Emma Murphy, 23<sup>rd</sup> Vet-35 in a personal best of 1.43.23, Steve Adams, 40<sup>th</sup> Vet-50 in 1.44.11, Ben Mullaney, 139<sup>th</sup> Senior Man in 1.46.21, Tim Ellwood, 105<sup>th</sup> Vet-40 in 1.48.06, Howard Smith, 56<sup>th</sup> Vet-50 in 1.48.27, Graham Bayes, 17<sup>th</sup> Vet-60 in 1.53.46, Rob Bing, 152<sup>nd</sup> Vet-35 in 1.56.40, Julia Cooke-Simmons, 8<sup>th</sup> Vet-55 in 1.56.51, Tracey Freear, 72<sup>nd</sup> Vet-40 in a personal best of 2.11.57, Sonia Clark, 79<sup>th</sup> Vet-35 in a personal best of 2.13.29, Dossette Moss, 60<sup>th</sup> Vet-45 in a personal best of 2.13.49, Andrew Manning, 154<sup>th</sup> Vet-45 in a personal best of 2.22.39 and Michelle Barnett, who clocked a new best of 2.28.26 for 185<sup>th</sup> Vet-35.

Lucy McAllister of Thames Hare and Hounds finished top lady in 1.17.29 from Stamford Strider Philippa Taylor (1.19.52).