

National Junior League

27th April 2008

Corby AC's National Junior League debut saw them turn in a creditable performance to finish fifth in the opening match at Derby's Moorways Stadium. Ahead of them Rugby & Northampton AC were fourth as Charnwood AC easily won from Derby AC and Coventry Godiva Harriers.

It was the ladies who secured the most number of individual successes with three victories. Elycia Metaxas-Belt got the better of Derby's Jenna Winson (31.50m) to take the discus with her best mark landing at 33.48m while Katy-Louise Payne convincingly won the B event thanks to a throw of 32.36m and also came out top in the 400m hurdles when her lifetime best of 68.2 saw her race home ahead of Derby's Abby Glover (70.5).

Corby's third win came from County Cross Country Champion Mairead Roche who destroyed the 3000m field with a fine front running effort which saw her finish well ahead of Team Arrows' Brittany Elliott (11.46.4) in a time of 11.20.0.

Despite failing to clinch a victory, club bottom year Under-17 Charlotte Bowling produced a number of personal bests with the long jump her nearest to clinching a win when she added 2cms to her best to record 5.16m when narrowly losing to Leamington's Alex Williams (5.19m). She also added 4cms to her best high jump when finishing third with 1.50m, just losing out on second place to R&N's Jos Buttar on countback with Coventry's Kate Connelly winning on 1.60m.

On the men's side Erik Aselius and Simon Franklin both recorded individual wins for Corby. The former knocked seven tenths of a second from his best when he took the 200m in a superb 22.4 when winning from Charnwood's Philip Bernier (22.5). In the B 100m he also went inside his best with 11.0 although his victory over Coventry's Martin Browne (11.1) was just over the legal wind reading.

Franklin raced home ahead of Leamington's Jack Mee (9.47.1) to take the 3000m in 9.45.7 while Adam Hartley won the B event with 10.16.2. Ally Fowler, who came close to his best with 2.02.8 for fourth in the 800m and Seb Goodall, who smashed his best when running 2.05.2 in the B race joined forces with Aselius and Franklin for an excellent win in the 4 x 400m relay. They raced home ahead of Charnwood (3.37.1) and Coventry (3.39.1) to win in 3.35.9.

Male

100m: A 5 Rory McGregor 12.2, B 1 Erik Aselius 11.0; 200m: A 1 Aselius 22.4; 400m: A 6 Nathan Graham 54.1; 800m: A 4 Ally Fowler 2.02.8, B 3 Seb Goodall 2.05.3; 1500m: A 6 Simon Franklin 4.38.4, B 5 Stephen Broom 4.50.7; 3000m: A 1 Franklin 9.45.7, B 1 Adam Hartley 10.16.2; 4 x 100m relay: 5 (Aselius/Graham/McGregor/Fowler) 47.6; 4 x 400m relay: 1 (Fowler/Franklin/Aselius/Goodall) 3.35.9.

Female

100m: A 6 Alex McKeown 13.6; 200m: A 7 McKeown 28.2, B 2 Charlotte Bowling 26.9; 3000m: A 1 Mairead Roche 11.20.0; 400m hurdles: A 1 Katy Louise Payne 68.2, B 1 Sarah Anne De Kremer 89.4; Discus: A 1 Elycia

Metaxas-Belt 33.48m, B 1 Payne 32.36m; High Jump: A 3 Bowling 1.50m;
Javelin: A 7 Payne 25.39m; Long Jump: A 2 Bowling 5.16m, B 4 McKeown
3.68m; Shot Putt: A 4 Payne 8.81m, B 1 De Kremer 7.38m; 4 x 100m relay: 4
(McKeown/Payne/Bowling/Metaxas-Belt) 54.8.

Match result

1 Charnwood AC 517, 2 Derby AC 325, 3 Coventry Godiva Harriers 295, 4
Rugby & Northampton AC 236, 5 Corby AC 206, 6 Leamington C & AC 196, 7
Team Arrows 129, 8 Nuneaton Harriers 94.