

## **Midland Counties Under-17 & Under-15 Championships**

**Birmingham**  
**24<sup>th</sup>/25<sup>th</sup> May 2008**

At the Midland Counties Under-17 & Under-15 Championships at Birmingham's Alexander's Stadium Corby AC came away from the meeting with two golds, four silver and two bronze medals. Taking titles for the club was the Under-15 pair of Sam Foster and Sam Baker. The former jumped to the top of the national rankings when he won the hammer contest with a superb throw of 55.38m which added over 4m to his previous best and easily defeated Rugby & Northampton AC's James Iddon (39.07m). Baker took the pole vault with a clearance of 2.60m after recording a superior countback score over Stoke's Adam Cooper.

Corby's silver medals came from Gaby Bangay and Charlotte Bowling on the track and Rachel Tyler and Elycia Metaxas-Belt in the field. Bangay qualified for the final of the Under-15 75m hurdles with a new best of 11.65 and once there went faster still with 11.59 but just missed out on the title which was lifted by Stoke's Jazmin Sawyer in 11.55. Bangay also took the bronze medal when she putted 9.55m in the shot behind Coventry's Lucy Smith (10.17m) and the champion Jade Perry of Birchfield who took gold with 10.96m. Bowling clinched her silver medal with a 46.2 clocking behind Worcester's Jenny White (45.5) in the Under-17 300m hurdles. The previous day she had lifted the bronze medal when returning a time of 12.11 over the 80m hurdles as Cannock's Harriet Thompson (11.84) snatched the title from Coventry's Molly Bagworth (12.09).

Tyler threw 33.23m to finish behind Sheffield's Tesni Ward (37.23m) and ahead of old rival Charlotte Gair of Mansfield (31.41m) in the Under-17 discus. Metaxas-Belt competed in one of the handful of Under-20 events throughout the weekend and her effort of 36.33m in the discus saw her finish behind Stoke's Jade Moore's winning mark of 37.21m.

### Under-15 Girls

1500m: 10 Celine Bangay (C) 5.21.43; 11 Charlotte Cotter (C) 5.25.09;  
75m Hurdles: 2 Gaby Bangay (C) 11.59;  
Long Jump: 4 Gaby Bangay (C) 4.88m;  
Javelin: 7 Gaby Bangay (C) 23.17m;  
Shot Putt: 3 Gaby Bangay (C) 9.55m.

### Under-15 Boys

200m: Ht Scott Kendall (C) 26.37;  
80m Hurdles: Hts Sam Baker (C) 13.1, Scott Kendall (C) 14.3;  
Long Jump: 8 Garnet Walters (C) 5.19m, 12 Scott Kendall (C) 4.59m; Pole Vault: 1 Sam Baker (C) 2.60m;  
Discus: 4 Kyle Bowling (C) 18.26m;  
Javelin: 9 Scott Kendall (C) 32.21m, 10 Sam Baker (C) 30.70m, 13 Kyle Bowling (C) 22.85m;  
Hammer: 1 Sam Foster (C) 55.38m;

Shot Putt: 4 Scott Kendall (C) 9.13m, 5 Sam Baker (C) 8.63m, 7 Kyle Bowling (C) 5.88m.

#### Under-17 Ladies

100m: Ht Vicky Copperthwaite (C) 14.26;

80m Hurdles: 3 Charlotte Bowling (C) 12.11;

300m Hurdles: 2 Charlotte Bowling (C) 46.2;

Long Jump: 4 Charlotte Bowling (C) 5.17m, 8 Vicky Copperthwaite (C) 4.53m;

Discus: 2 Rachel Tyler (C) 33.23m.

#### Under-17 Men

800m: 4 Ally Fowler (C) 2.07.18

#### Under-20 Ladies

Discus: 2 Elycia Metaxas-Belt (C) 36.33m.