

Corby A.C. Open meetings 2010

Tuesday March 9th	
Time	Event
7pm	1000m.
7.15pm	60m.
7.40pm	600m.
8pm	150m.
8.20pm	2000m.
8.30pm	300m.

Tuesday April 13th	
Time	Event
7pm	1000m.
7.15pm	60m.
7.40pm	600m.
8pm	150m.
8.20pm	2000m.
8.30pm	300m.

Wednesday May 12th	
Spar Sprints	Series
Time	Event
7pm	400m.
7.10pm	100m.
7.30pm	800m.
8pm	200m.
8.20pm	1500m.

Wednesday June 9th	
Time	Event
7pm	400m.
7.10pm	100m.
7.30pm	800m.
8pm	200m.
8.20pm	1500m.

Tuesday July 13th	
Time	Event
7pm	400m.
7.10pm	100m.
7.30pm	800m.
8pm	200m.
8.20pm	3000m.
3K inc. Northants champs m&f u/15 upwards	

Tuesday August 10th	
Time	Event
7pm	100m.
7.25pm	400m.
7.40pm	200m.
8pm	1 Mile
1 mile inc Northants champs m & f all ages	

Events will not start before time shown. Track events are for u/13 m & f upward & u/11's where permitted

All Entries on the day : £3.00 for first event - £1.00 for subsequent events

County entries : £4.00 per event: Collect numbers from Corby a.c. clubhouse

Entries close 30 mins before event is due to start

On completion of the meeting in July ,Four awards of £50.00 each will be paid to the M/F athlete who has achieved the fastest time in any of the meetings in the **100m. & 800m. Each prize must be won outright - there will be a rollover to next year if there is a tie.**

Field events to be announced nearer the time